



**TOWNSHIP OF HOPEWELL
COUNTY OF MERCER, STATE OF NEW JERSEY**

Proclamation

WORLD MEDITATION DAY

WHEREAS, mental health and inner peace are essential foundations for a thriving, resilient, and compassionate community; and

WHEREAS, the United Nations General Assembly has officially designated December 21st as World Meditation Day, recognizing the transformative power of meditation to reduce stress, improve health, and foster global harmony; and

WHEREAS, on Sunday, December 21, 2025, Hopewell Township will join 10 million participants in a "Global Moment" of stillness; and

WHEREAS, this initiative invites all residents of Hopewell Township, regardless of background or belief, to pause, breathe, and connect, creating harmony between communities, thereby strengthening the bonds of our local community and creating a ripple effect of peace across the globe; and

WHEREAS, Hopewell Township is committed to the holistic well-being of its residents and supports inclusive events that bring neighbors together in a spirit of unity and mindfulness.

NOW, THEREFORE, the Township Committee of the Township of Hopewell Mercer County, New Jersey, does hereby proclaim December 21, 2025, as **WORLD MEDITATION DAY**, and we invite all residents to join in this global observance of peace and connection.

*In Witness Whereof, I Hereunto Set My
Hand and Cause to be Affixed the
Seal of the Township of Hopewell
This 15th day of December 2025*


Courtney Peters-Manning, Mayor