

## ***Did you know that with patient navigation services, your cancer survivorship from screening to diagnosis and even in advanced illness can increase significantly?***

The National Cancer Institute's multi-site Patient Navigator Research Program and other studies have shown us that with patient navigation services, barriers to timely care can be addressed to improve outcomes for all patients, especially those from underserved communities. Screening for cancer or even getting a cancer diagnosis can be a scary and isolating experience.

***With patient navigation services, you do not have to do it alone.***

***Patient navigators can help you by:***

- Providing emotional support and information on what to expect for patients, from prevention to care
- Facilitating referrals to screening, care and related services
- Assisting with insurance and financial concerns
- Making referrals to community resources to address concrete needs, such as transportation, childcare, etc., that may be posing barriers to your screening and treatment
- Helping you explore and understand recommended treatment options by your medical team
- Encouraging self-sufficiency and advocacy with regards to care and treatment
- Overseeing patient care coordination plans, including scheduling screening tests and related appointments

### **Who Are Patient Navigators?**

Patient navigators are trained, culturally competent healthcare professionals who work with patients, families, physicians and the health care system to ensure patients' needs are appropriately and effectively addressed.

## **Contact Us**

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