





















December 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</p> <p>For directions to any loca-</p>	<p><u>Location Guide</u></p> <p>HTB-Hopewell Town. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HTS— Hopewell Train Station</p>	<p>MCL-MC Library, Hopewell Branch PB-Pennington Borough PPC-Pennington Presbyterian Church WP - Woolsey Park WXSP-Washington Xing State Park</p>		<p>1 10-Active Aging (HTB) 1:30-Mahjongg 6-chalkCOUTURE Class</p>	<p>2 12- Brown Bag Lunch (PPC) 1:30-Chair Yoga (HTB) <i>Pennington Holiday Walk</i></p>	<p>3</p>
	<p>4  <i>National Sock Day</i></p>	<p>5 10:30-Healthy Bones (HTB) 1:30- Social Bridge</p>	<p>6 1- Artists' Choice 6:30- Flower Arranging  NATIONAL MINERS DAY</p>	<p>7 10:30-Healthy Bones (HTB) 1-Fall Prevention 1:30-Qigong (HTB) 7-Wednesday Night Out (HBL) <i>Home for the Holidays Trip</i></p>	<p>8 10-Active Aging (HTB) 1:30-Mahjongg</p>	<p>9 1:30-Chair Yoga (HTB)  <i>National Pastry Day</i></p>
<p>11  <i>NYC Holiday Trip</i></p>	<p>12 10:30-Healthy Bones (HTB) 1:30- Social Bridge 2- Senior Book Group (MCL)</p>	<p>13 1- Artists' Choice <i>National Cocoa Day</i> </p>	<p>14 10- Songs of the Season 10:30-Healthy Bones (HTB) 1:30- Qigong (HTB)</p>	<p>15 1:30-Mahjongg <i>National Cupcake Day</i> </p>	<p>16 1- Cookie Exchange <i>National Ugly Sweater Day</i> </p>	<p>17  <i>National Maple Syrup Day</i></p>
<p>18 <i>Happy Hanukkah</i> </p>	<p>19 10:30-Healthy Bones (HTB) 12-Newsletter Folding 1:30- Social Bridge</p>	<p>20 1- Artists' Choice <i>Go Caroling Day</i> </p>	<p>21  10:30-Healthy Bones (HTB) 1:30-Qigong (HTB) <i>First Day of Winter</i></p>	<p>22 1:30-Mahjongg</p>	<p>23 CLOSED </p>	<p>24 <i>Christmas Eve</i> </p>
<p>25 <i>MERRY Christmas</i> </p>	<p>26 CLOSED  Happy Kwanzaa</p>	<p>27 1- Artists' Choice <i>National Fruitcake Day</i> </p>	<p>28 10:30-Healthy Bones (HTB) <i>National Card Playing Day</i> </p>	<p>29 1:30-Mahjongg <i>Sound of Music Trip</i></p>	<p>30 1:30-Chair Yoga (HTB)</p>	<p>31 <i>NEW YEAR'S EVE</i>  <i>New Years Eve at Noon</i></p>