



# Senior Spirit

Hopewell Valley Senior Newsletter

September 2022, Vol. 16, No. 9

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# Hopewell Valley Senior Picnic

It will be **BUN-derful** to see you!



**Thursday, September 8, 2022**

*(rain date Thursday, September 15<sup>th</sup>)*

**12 noon – 2:00 pm**

**Sullivan's Grove,**

**Washington Crossing State Park**

*355 Wash Crossing Pennington Rd, Titusville*

We have missed each other for a few years and what a wonderful excuse to spend an afternoon with old friends. Hopewell Valley Senior Services and Hopewell Township Recreation invite you to the Annual Senior Picnic at Washington Crossing State Park. Enjoy lunch, music and most importantly old friends. Join fellow Hopewell Valley Seniors as we "Ketchup".

Registration is **REQUIRED!** Call or email Senior Services, 609-537-0236 or [seniorservices@hopewelltwp.org](mailto:seniorservices@hopewelltwp.org) by Monday, August 29<sup>th</sup>!



**LET'S "KETCHUP"**



Hopewell Valley Senior Services



**HOPWELL TOWNSHIP**  
Parks & Recreation Department

## Senior News

### Important Dates:

**Thursday, September 8: Senior Picnic**



**Saturday, September 16: Hopewell Harvest Fair**



**Thursday, September 22:**



**Sunday, September 25:**



To register for any of the programs below, please contact Hopewell Township Recreation 609-737-3753.

**Wednesday, September 28:** Doo Wop to Disco Review, The Shore Club, 10:30am-4:30pm

**Wednesday, October 5:** "Murder on the Orient Express" Dinner Theatre, Surfliight Theatre

**Saturday, October 15:** Movies in the Park, Woolsey Park

**Wednesday, October 19:** Funny Girl on Broadway

**Saturday, October 29,:** Movies in the Park, Woolsey Park

## September Events

**Senior Picnic:** Thursday, September 8, 12:00pm-2:00pm Washington Crossing State Park, Sullivan's Grove, 355 Washington Crossing Pennington Rd, Titusville. Rain date for the event will be on Thursday, September 15th. Registration is REQUIRED, call or email Senior Services, seniorservices@hopewelltwp.org. or 609-537-0236. Registrations are due by Monday, August 29th. This event is open to Hopewell Valley Residents ONLY.

**Flu Vaccine Clinics:** Hopewell Township is pleased to offer the following flu clinics this fall, in partnership with Walgreens. High-dose will be available for ages 65+ as recommended by the CDC. Pre-registration is required, using the link below. **Friday, September 9<sup>th</sup>** - 10:00am to 4:00pm, Hopewell Township Municipal Building. *\*Choose 201 Washington Crossing Pennington Road in the "Location" drop-down box* **Wednesday, September 14<sup>th</sup>** - 10:00am to 4:00pm Drive-thru! Hopewell Twp. Public Works Garage *\*Choose 203 Washington Crossing Pennington Road in the "Location" drop-down box*

**REGISTER here:** <https://wagsoutreach.com/ss/HOP925674>

Once registered, you will receive an email confirmation, along with the Walgreens paperwork to complete & bring with you to the appointment. Questions or concerns? Contact Kate at 609-537-0257.



**Brown Bag Lunch:** Friday, September 9, 12:30 The Older Adult Ministry Committee of the Pennington Presbyterian Church is delighted to announce that, following a two-year Covid hiatus, in-person Brown Bag Lunch Programs are returning this fall. The first program, set for September 9, features the Hopewell Township Police Department's Operation Blue Angel program. The Brown Bag Lunch at the church begins at 12:30, followed by a one-hour program at 1. Please register by calling the church at 609-737-1221X10 or e-mailing of-fice@pennpres.org. Officer James Klesney will explain Operation Blue Angel, a free program available to eligible township and Hopewell Borough residents, age 55 and up. In this program the police place a lockbox on the participant's door, containing a key to the residence that can be accessed only by the police in the event of an emergency, when officers cannot otherwise gain access to the residence. Application forms will be distributed, which can be completed during the meeting or at a later date. Officer Klesney will also discuss scams that have been recently discovered right here in Hopewell Valley and will gladly answer any and all questions.

**9/11 Memorial Service:** Saturday, September 10, 11:00am at Woolsey Park. Join us as we commemorate the anniversary of the 9/11 attacks. Bring your own chair to the ceremony, lunch will be provided after.

**Card Making Workshop:** Wednesday, September 28, 10:30am. Learn the basics of greeting card making. Using rubber stamped images and interesting folding and layering techniques, you can create one-of-a-kind cards for any occasion. Create unique cards for the holidays, anniversaries, or birthdays! All supplies will be provided. *Registration required; space is limited. Please email [hopeprogs@mcl.org](mailto:hopeprogs@mcl.org) or call 609.737.2610 to register.*

## Ongoing Events

**Active Aging Exercise Class—Thursdays**, 10:00am—11:00am at Hopewell Township Municipal Building. Session IV begins on Thursday, August 18th through October 6th. Registration is required through Senior Services. To register, call Senior Services 609-537-0236 or seniorservices@hopewelltpw.org. Class available in person or via Zoom. \$20 fee for 8 week session, checks only, made payable to HV Senior Foundation.

**Artists' Choice—Tuesdays**, 1:00pm-3:00pm at the Hopewell Valley Senior Center. Bring your supplies and create masterpieces with friends. Perfect your pieces with suggestions from other artists.

**Chair Yoga—Fridays**, 1:30pm—2:30pm at Hopewell Township Municipal Building. Chair Yoga is a gentle form a yoga that can be done while seated in a chair or with the assistance of a chair. New session begins on Friday, September 2nd through October 21st. Registration is required through Hopewell Township Recreation and a fee of \$20/person for the 8 week class, Cash or checks payable to HT Rec. . To register, call Senior Services 609-537-0236 or seniorservices@hopewelltpw.org.

**Healthy Bones—Mondays and Wednesdays**, 10:30am—11:30am at Hopewell Township Municipal Building. Registration is required and paperwork must be completed to participate. Call or email Senior Services for more information.

**Lunch Program—Monday through Friday** Lunch is served at 11:20am daily. Registration is required through Mercer County Nutrition Project, 609-989-6650. Suggested \$1 donation. Come early and socialize with fellow area seniors, have a cup of coffee or a game!

**Mahjong—Thursdays**, 1:30pm—3:30pm at the Hopewell Valley Senior Center. Enjoy a game of Mahjong with friends. Beginners are welcome.

**Monday Afternoon Book Club- SECOND Monday:** Monday, September 12, 2:00 pm  
All are welcome to discuss this month's book, *The Giver of Stars* by Jojo Moyes.

**Newsletter Folding- Third Monday:** Monday, September 19, 12:00 noon at the Hopewell Valley Senior Center. Help Senior Services prepare the monthly newsletter mailing to over 600 Hopewell Valley seniors, Snacks will be provided. Enjoy socializing with your friends once again!

**Social Bridge—Mondays**, 1:30pm-4:00pm at the Hopewell Valley Senior Center. We will play bridge on Wednesday, July 6th because of the holiday on Monday, July 4th! All experience levels.

**The Short of It - Second Wednesday: Isak Dinesen** Wednesday, September 14, 2:00 pm  
The short story -- short in length, but full of content! Join our discussion group, which focuses on the short story. This month we'll read Isak Dinesen's "The Ring" and "Babette's Feast." Copies available at the Hopewell Branch Reference Desk.

**Hopewell Valley Senior Center:** 395 Reading Street, Pennington 609-737-3855

**Hopewell Township Municipal Building:** 201 Washington Crossing Pennington Road, Titusville.

**Mercer County Library- Hopewell Branch:** 249 Pennington Titusville Road, Pennington 609-737-2610

**Senior Services:** Randi Malkiewicz 609-537-0236 or seniorservices@hopewelltpw.org



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|------------|----------|-----------|---------|-----------|
| gym        | art      | music     | algebra | geometry  |
| bus        | grades   | semester  | hallway | principal |
| bell       | computer | classroom | globe   | friends   |
| lunch      | recess   | reading   | math    | paint     |
| chalkboard | desks    | books     | crayons | teacher   |
| pencil     | school   |           |         |           |

Hopewell Valley Senior Services  
201 Washington Crossing-Pennington Rd.  
Titusville, NJ 08560  
**RETURN SERVICE REQUESTED**

**Useful Numbers for Older Adults in Hopewell Valley**

Adult Protective Services-(609) 989-4320

Contact Reassurance (free daily calls)-(609) 737-2000

FISH Meals on Wheels-(609) 737-9123

Mercer County Consumer Affairs-(609) 989-6671

Mercer County Library-Hopewell- (609) 737-2610

Mercer County Nutrition Project/ HV Senior Center (609) 737-3855

Mercer County Office on Aging-(609) 989-6661

Mercer County Surrogate-(609) 989-6331

**Program Registrations-Leslie (609) 737-3753**

RideProvide of Greater Mercer County-(609) 452-5140

**Senior Services, Randi Malkiewicz-(609) 537-0236**

TRADE Transportation-(609) 530-1971