









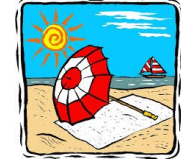




# August 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</p> <p>For directions to any loca-</p>	<p><b>1</b> 10:30-Healthy Bones (HTB) 2- Social Bridge 2- Senior Book Group (MCL)</p>	<p><b>2</b> 10- Blood Pressure 6- National Night Out (SBE)</p>	<p><b>3</b> 10:30-Healthy Bones (HTB)  National Watermelon Day</p>	<p><b>4</b> 10-Active Aging (HTB) 1:30-Mahjongg</p>	<p><b>5</b> 1:30-Chair Yoga (HTB)</p>	<p><b>6</b>  Root Beer Float Day</p>
<p><b>7</b>  National Lighthouse Day</p>	<p><b>8</b> 10:30-Healthy Bones (HTB) 2- Social Bridge</p>	<p><b>9</b>  National Book Lovers Day</p>	<p><b>10</b> 10:30-Healthy Bones (HTB) 2- The Short of It (MCL) 8:30- Jungle Cruise Movie in the Park (WP)</p>	<p><b>11</b> 10-Active Aging (HTB) 1:30-Mahjongg</p>	<p><b>12</b>  1- Ice Cream Social (HTB) 1:30-Chair Yoga</p>	<p><b>13</b>  HAPPY Left Handers DAY</p>
<p><b>14</b></p>	<p><b>15</b> 10:30-Healthy Bones (HTB) 2- Social Bridge</p>	<p><b>16</b> 11- Capital Healthy Living (HTB)</p>	<p><b>17</b> 10- Blood Pressure (HTB) 10:30-Healthy Bones (HTB)</p>	<p><b>18</b> 9:30- Blood Pressure (HTB) 10-Active Aging (HTB) 1:30-Mahjongg</p>	<p><b>19</b> National Potato Day </p>	<p><b>20</b>  World Honey Bee Day</p>
<p><b>21</b>  Senior Citizen's Day</p>	<p><b>22</b> 10:30-Healthy Bones (HTB) 12-Newsletter Folding 2- Social Bridge</p>	<p><b>23</b></p>	<p><b>24</b> 10:30-Healthy Bones (HTB) 6:30- Concert in the Park (WP)</p>	<p><b>25</b> 10-Active Aging (HTB) 1:30-Mahjongg</p>	<p><b>26</b>  National Dog Day</p>	<p><b>27</b></p>
<p><b>28</b></p>	<p><b>29</b> 10:30-Healthy Bones (HTB) 2- Social Bridge</p>	<p><b>30</b> National Beach Day </p>	<p><b>31</b> 10:30-Healthy Bones (HTB)</p>	<p><b>Location Guide</b> HTB-Hopewell Town. Building HTPW-Hopewell Twp. Public Works HVCBS-Hopewell Valley High School HTS— Hopewell Train Station MCL-MC Library, Hopewell Branch</p>	<p>PB-Pennington Borough PPC-Pennington Presbyterian Church SBE- Stony Brook Elementary WP - Woolsey Park WXSP-Washington Xing State Park</p>	