













July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</p> <p>For directions to any location, call 609-537-0236.</p>	<p><u>Location Guide</u></p> <p>HTB-Hopewell Town. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HTS— Hopewell Train Station MCL-MC Library, Hopewell Branch</p>	<p>PB-Pennington Borough PPC-Pennington Presbyterian Church WP - Woolsey Park WXSP-Washington Xing State Park</p>			<p>1 1:30-Chair Yoga (HTB)</p>  <p>National Postal Worker Day</p>	<p>2</p>  <p>World UFO Day</p>
3	<p>4 CLOSED</p>  <p>Titusville 4th of July Parade</p>	<p>5</p> <p>10- Blood Pressure 1- Artists' Choice</p>	<p>6</p> <p>10:30-Healthy Bones (HTB) 2- Social Bridge 2- The Short of It (MCL)</p>	<p>7</p> <p>10-Active Aging (HTB) 1:30-Mahjongg</p>	<p>8</p> <p>1:30-Chair Yoga (HTB)</p>  <p>National Blueberry Day</p>	<p>9</p>  <p>Wildwood Family Day</p>
10	<p>11</p> <p>10:30-Healthy Bones (HTB) 2- Social Bridge 2- Senior Book Group (MCL)</p>	<p>12</p> <p>1- Artists' Choice</p>  <p>National Pecan Pie Day</p>	<p>13</p> <p>10- Blood Pressure (HTB) 10:30-Healthy Bones (HTB) 8:30- Movies in the Park: Sing 2 (WP)</p>	<p>14</p> <p>10-Active Aging (HTB) 1:30-Mahjong</p>  <p>Shark Awareness Day</p>	<p>15</p> <p>1:30-Chair Yoga (HTB)</p>	<p>16</p>  <p>Fresh Spinach Day</p>
<p>17</p>  <p>National Ice Cream Day</p>	<p>18</p> <p>10:30-Healthy Bones (HTB) 12-Newsletter Folding 2- Social Bridge</p>	<p>19</p>  <p>10- Army National Guard Museum Tour 1- Artists' Choice</p>	<p>20</p> <p>10:30-Healthy Bones (HTB) 2- Senior Advisory Board</p> <p>National Lollipop Day </p>	<p>21</p> <p>9:30- Blood Pressure (HTB) 10-Active Aging (HTB)</p>	<p>22</p> <p>1:30-Chair Yoga (HTB)</p>	<p>23</p>
24/31	<p>25</p> <p>10:30-Healthy Bones (HTB) 2- Social Bridge</p>	<p>26</p> <p>1- Artists' Choice</p>	<p>27</p> <p>10:30-Healthy Bones (HTB) 6:30- Concerts in the Park: Pennington Station Band (WP)</p>	<p>28</p> <p>10-Active Aging (HTB) 1:30-Mahjongg</p>	<p>29</p> <p>1:30-Chair Yoga (HTB)</p>	<p>30</p>  <p>International Friendship Day</p>