












June 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</p> <p>For directions to any loca-</p>			<p>1 10:30-Healthy Bones (HTB)</p>	<p>2 10-Active Aging (HTB) 1:30-Mahjongg</p>	<p>3 1:30-Chair Yoga (HTB)</p> <p> National Donut Day</p>	<p>4</p> <p> National Trails Day</p>
<p>5</p> <p> Hot Air Balloon Day</p>	<p>6</p> <p>10- Blood Pressure (HTB) 10:30-Healthy Bones (HTB) 2- Social Bridge 2- Senior Book Group (MCL)</p>	<p>7 Senior Center CLOSED</p> <p>Primary Election Day</p> <p>Chocolate Ice Cream Day </p>	<p>8</p> <p>10- Operation Blue Angel 10:30-Healthy Bones (HTB) 2- The Short of It (MCL)</p>	<p>9</p> <p>10-Active Aging (HTB) 1:30-Mahjongg</p>	<p>10</p> <p>1:30-Chair Yoga (HTB) *New Session Begins*</p>	<p>11</p>
<p>12</p>	<p>13</p> <p>10:30-Healthy Bones (HTB) 2- Social Bridge</p>	<p>14</p> <p>1- Artists' Choice</p> <p>Flag Day </p>	<p>15</p> <p>10- Blood Pressure (HTB) 10:30-Healthy Bones (HTB)</p> <p>Philadelphia Flower Show</p>	<p>16</p> <p>9:30- Blood Pressure (HTB) 10-Active Aging (HTB) *New Session Begins*</p>	<p>17</p> <p>1:30-Chair Yoga (HTB)</p> <p> Take a Road Trip Day</p>	<p>18</p> <p> International Picnic Day</p>
<p>19</p> <p> Happy Father's Day!</p>	<p>20</p> <p>10:30-Healthy Bones (HTB) 12-Newsletter Folding 2- Social Bridge</p>	<p>21</p> <p>1- Artists' Choice </p> <p>Summer Solstice International Yoga Day</p>	<p>22</p> <p>10-Bird Watching 10:30-Healthy Bones (HTB)</p>	<p>23</p> <p>10-Active Aging (HTB) 1:30-Mahjongg</p>	<p>24</p> <p>1:30-Chair Yoga (HTB)</p> <p>Cirque du Soleil Crystal</p>	<p>25</p>
<p>26</p> <p> Veteran's Association Car Show & Fireworks</p>	<p>27</p> <p>10:30-Healthy Bones (HTB) 2- Social Bridge</p>	<p>28</p> <p>1- Artists' Choice</p>	<p>29</p> <p>10:30-Healthy Bones (HTB)</p> <p>Hug Holiday </p>	<p>30</p> <p>10-Active Aging (HTB) 1:30-Mahjongg</p>	<p>Location Guide</p> <p>HTB-Hopewell Town. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HTS— Hopewell Train Station</p>	<p>MCL-MC Library, Hopewell Branch PB-Pennington Borough PPC-Pennington Presbyterian Church WP - Woolsey Park</p>