











# May 2022



| Sunday                                                                                                                                                                          | Monday                                                                                                                                                                                    | Tuesday                                                                                                                                                  | Wednesday                                                                                                                                                                                                     | Thursday                                                                                                                                                            | Friday                                                                                                                                                                    | Saturday                                                                                                                                                                                |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>1</p>  <p>May Day/ Property Taxes Due</p>                                                   | <p>2</p> <p>10- Blood Pressure (HTB)<br/>10:30-Healthy Bones (HTB)<br/>2- Social Bridge<br/>2- Senior Book Group</p>                                                                      | <p>3</p> <p>10- Blood Pressure<br/>1-Artists' Choice<br/><i>Kentucky Derby Trip</i></p>                                                                  | <p>4</p> <p>Plastic Bag Ban </p> <p>10:30-Healthy Bones (HTB)<br/>7- Mahjong History (Zoom)<br/>7- Native Plants (HTS)</p> | <p>5</p> <p>10-Active Aging (HTB)<br/>1:30-Mahjongg<br/><i>Cinco de Mayo</i></p>                                                                                    | <p>6</p> <p>10- T'ai Chi (HTB)<br/>1:30-Chair Yoga (HTB)<br/><i>National Nurses Day</i></p>                                                                               | <p>7</p>                                                                                                                                                                                |
| <p>8</p> <p><b>HAPPY</b><br/><i>mother's</i><br/><b>DAY</b></p>                                                                                                                 | <p>9</p> <p>10:30-Healthy Bones (HTB)<br/>1-Gentle Yoga (HTB)<br/>2- Social Bridge</p>                                                                                                    | <p>10</p> <p>1- Artists' Choice<br/>7- Wills, Probate, Estate Planning (Zoom)</p>                                                                        | <p>11</p> <p>10:30-Healthy Bones (HTB)<br/>2- The Short of It (MCL)</p>                                                                                                                                       | <p>12</p> <p>10-Active Aging (HTB)<br/>1:30-Mahjongg</p>                                                                                                            | <p>13</p> <p>10- T'ai Chi (HTB)<br/>1:30-Chair Yoga (HTB)</p>                                                                                                             | <p>14</p>                                                                                                                                                                               |
| <p>15</p>  <p>NATIONAL CHOCOLATE CHIP DAY<br/>12- Spring Fling<br/>West Trenton Ballroom</p> | <p>16</p> <p>10:30-Healthy Bones (HTB)<br/>12-Newsletter Folding<br/>1- Gentle Yoga (HTB)<br/>2- Social Bridge</p>                                                                        | <p>17</p> <p>1- Artists' Choice<br/><i>National Walnut Day</i> </p> | <p>18</p> <p>10- Blood Pressure (HTB)<br/>10:30-Healthy Bones (HTB)<br/><i>Winterthur Trip</i></p>                                                                                                            | <p>19</p> <p>10-Active Aging (HTB)<br/>1:30-Mahjongg</p>                                                                                                            | <p>20</p> <p>10- T'ai Chi (HTB)<br/>1:30-Chair Yoga (HTB)</p>                                                                                                             | <p>21</p>  <p>PENNINGTON Day '22<br/>10:00am-4:00pm</p>                                            |
| <p>22</p>                                                                                                                                                                       | <p>23</p> <p>10:30-Healthy Bones (HTB)<br/>1-Gentle Yoga (HTB)<br/>2- Social Bridge<br/><i>World Turtle Day</i></p>                                                                       | <p>24</p> <p>1- Artists' Choice<br/><i>Asparagus Day</i> </p>       | <p>25</p> <p>10:30-Healthy Bones (HTB)<br/><i>Statue of Liberty Cruise</i></p>                                                                                                                                | <p>26</p> <p>9:30- Blood Pressure (HTB)<br/>10-Active Aging (HTB)</p>                                                                                               | <p>27</p> <p>10- T'ai Chi (HTB)<br/>1:30-Chair Yoga (HTB)</p>                                                                                                             | <p>28</p>  <p>Happy NATIONAL BURGER DAY<br/><i>HV Veteran's Ceremony</i><br/>11am Woolsey Park</p> |
| <p>29</p> <p><i>Hopewell Borough Parade</i></p>                                                                                                                                 | <p>30</p>  <p>MEMORIAL DAY<br/>* HONORING ALL WHO SERVED *</p> <p><i>Pennington Borough Parade</i></p> | <p>31</p> <p>1- Artists' Choice</p>                                                                                                                      |                                                                                                                                                                                                               | <p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold. For directions to any location, call 609-537-0236.</p> | <p><u>Location Guide</u></p> <p>HTB-Hopewell Town. Building<br/>HTPW-Hopewell Twp. Public Works<br/>HVCHS-Hopewell Valley High School<br/>HTS— Hopewell Train Station</p> | <p>MCL-MC Library, Hopewell Branch<br/>PB-Pennington Borough<br/>PPC-Pennington Presbyterian Church<br/>WP - Woolsey Park<br/>WXSP-Washington Xing State Park</p>                       |