


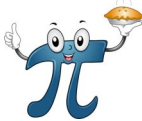




March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</p> <p>For directions to any loca-</p>		<p>1</p> <p>1- Artists' Choice</p> 	<p>2</p> <p>10:30-Healthy Bones (HTB)</p> <p>2- Spring Play Preview (HVCHS)</p>	<p>3</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjongg</p> <p>Caregiver Appreciation Day</p>	<p>4</p> <p>1:30-Chair Yoga (HTB)</p>	<p>5</p>
<p>6</p> <p>National Oreo Cookie Day</p>	<p>7</p> <p>10:30-Healthy Bones (HTB)</p> <p>2- Social Bridge</p> <p>2- Senior Book Group</p>	<p>8</p> <p>1- Artists' Choice</p>	<p>9</p> <p>10:30-Healthy Bones (HTB)</p> <p>2- The Short of It (MCL)</p>	<p>10</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjongg</p>	<p>11</p> <p>1:30-Chair Yoga (HTB)</p>	<p>12</p>  <p>National Plant a Flower Day</p>
<p>13</p>  <p>SPRING FORWARD</p>	<p>14</p> <p>10:30-Healthy Bones (HTB)</p> <p>2- Social Bridge</p> 	<p>15</p> <p>1- Artists' Choice</p>	<p>16</p> <p>10:30-Healthy Bones (HTB)</p> <p>2- Senior Advisory Board</p>	<p>17</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjongg</p> 	<p>18</p> <p>1:30-Chair Yoga (HTB)</p>	<p>19</p> <p>National Quilting Day</p>
<p>20</p> 	<p>21</p> <p>10:30-Healthy Bones (HTB)</p>	<p>22</p> <p>1- Artists' Choice</p> <p>As Young as You Feel Day</p>	<p>23</p> <p>10:30-Healthy Bones (HTB)</p>	<p>24</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjongg</p>	<p>25</p> <p>1:30-Chair Yoga (HTB)</p>	<p>26</p>
<p>27</p>	<p>28</p> <p>10:30-Healthy Bones (HTB)</p>	<p>29</p> <p>1- Artists' Choice</p>	<p>30</p> <p>10:30-Healthy Bones (HTB)</p> <p>Take a Walk in the Park Day</p>	<p>31</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjongg</p>	<p>Location Guide</p> <p>BSL-Brandywine Senior Living</p> <p>CHH-Capital Health-Hopewell</p> <p>HTB-Hopewell Town. Building</p> <p>HTPW-Hopewell Twp. Public Works</p> <p>HVCHS-Hopewell Valley High School</p>	<p>HVY-Hopewell Valley YMCA</p> <p>MCL-MC Library, Hopewell Branch</p> <p>MLG-Medina Law Group</p> <p>PB-Pennington Borough</p> <p>PPC-Pennington Presbyterian Church</p> <p>SJC- St. James Church</p>