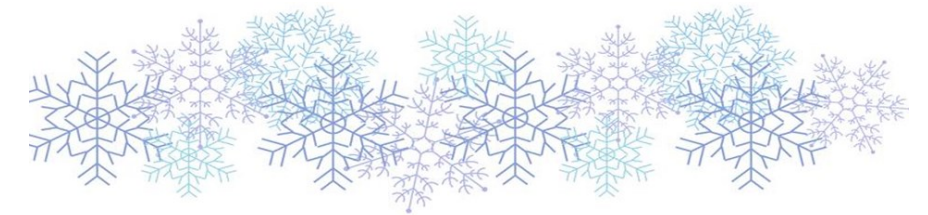


# January 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</b> <b>For directions to any loca-</b>	<b>Location Guide</b> BSL-Brandywine Senior Living CHH-Capital Health-Hopewell HTB-Hopewell Town. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School	HVY-Hopewell Valley YMCA MCL-MC Library, Hopewell Branch MLG-Medina Law Group PB-Pennington Borough PPC-Pennington Presbyterian Church SJC- St. James Church				1 
	2 3 <b>Closed</b> <i>New Years' Day Observed</i> 	4 1- Artists' Choice  <i>National Spaghetti Day</i>	5 10:30-Healthy Bones (HTB)	6 10-Active Aging (HTB) 1:30-Mahjongg	7	8  9- Rabies Clinic (HTPW)
9	10 10:30-Healthy Bones (HTB) 2- Social Bridge	11 1- Artists' Choice	12 10:30-Healthy Bones (HTB) 1:30-Yoga for Shoulders, Back and Hips (HTB)	13 10-Active Aging (HTB) *NEW SESSION* 1:30-Mahjongg	14 1:30-Chair Yoga (HTB) *NEW SESSION*	15
16	17 <b>Closed</b> 	18 1- Artists' Choice	19 10:30-Healthy Bones (HTB) 1:30-Yoga for Shoulders, Back and Hips (HTB) 2- Senior Advisory Board	20 10-Active Aging (HTB) 1:30-Mahjongg	21 1:30-Chair Yoga (HTB) <i>National Squirrel Appreciation Day</i> 	22
23/30	24/31 10:30-Healthy Bones (HTB) 2- Social Bridge	25 1- Artists' Choice 7-Ellis Island (Zoom)	26 10:30-Healthy Bones (HTB) 1:30-Yoga for Shoulders, Back and Hips (HTB)	27 10-Active Aging (HTB) 1:30-Mahjongg	28	29