



Senior Spirit

Hopewell Valley Senior Newsletter

November 2021, Vol. 15, No. 11

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Greetings Hopewell Valley!

November is a great month to start enjoying the simple joys of life as the world begins to take a slower pace. It is the time to enjoy the colorful foliage spectacle of yellows, oranges, reds and purples! Special days speckle the month like Election Day, Veteran's Day, Thanksgiving and Hanukah!! In addition, the weather is about to take a "winter dip", comfy cardigans and snuggly sweaters are quickly becoming a necessity, all the while, the spirit of the holidays is beginning to be felt all around! Even so, as the month of gratitude winds down, please remember to recognize and appreciate all you have to be thankful for this year!!!

Hopewell Township Rabies Clinic will be held on Saturday, November 6th at the Public Works Building from 9:00-noon. The clinic will once again be drive thru, pet parents will remain in the car while Animal Control Officers take your pet inside to be vaccinated. This clinic is open to everyone and no reservations are required. The Township pet licenses will go out the end of October, make sure your furry family members are up to date on their vaccinations. License information can be mailed in to Animal Control or turned in at the clinic.

Get your recipes ready, Senior Services will be collecting cookie recipes again this year for our annual Cookie Cookbook. Please look for more information in the December newsletter.

Warm Regards,
Randi



Senior News

Important Dates:

November 1: Property Taxes Due



November 2: Election Day, Senior Center CLOSED for voting.



November 6: Hopewell Township Rabies Clinic, 9:00am to 12:00 noon at Hopewell Township Public Works, 203 Washington Crossing Pennington Road, Titusville. No registration or residency restrictions.

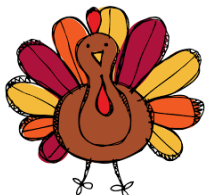


November 7: Day Light Savings Time Ends, change your clocks, change your smoke detector batteries!

November 11: Veteran's Day Government Offices and Senior Center are CLOSED.



November 25: Happy Thanksgiving! Government Offices & Senior Center are CLOSED.



November 26: Government Offices and Senior Center are CLOSED

November 29: Hanukkah Begins



To register for any of the programs below, please contact Hopewell Township Recreation 609-737-3753.

Tuesday, November 2: Howell Living History Farm-Corn Harvest, time TBD, \$10

Wednesday, November 3: Queen Esther at Sight & Sound, 10:00am-7:30pm \$135/\$120 HT Resident

Wednesday, December 8: Winter Wonderland at American Music Theater, 10:00am-6:30pm
\$115/\$105 HT Resident

Sunday, December 12: NYC Shopping Trip, 9:00am-7:00pm \$40/ \$35 HT Resident

Friday, December 31: New Year's Eve at Noon at Doolan's, 10:30am-4:30pm \$105/\$95 HT Resident

November Events

Howell Living History Farm—Corn Harvest Tuesday, November 2. During this field-to-barn-to-farmhouse experience, you will enter a field of tall, open-pollinated corn and join the work of harvesting the crop by hand, as farmers did in the days before mechanical pickers. After you help fill a wagon with the ears you harvest and husk, help shell and grind corn for animal feed from the previous year's crop, which has been stored in the corn crib. Finally, visit the farmhouse kitchen, taste cornbread and learn about corn's many uses. Participants must register with Hopewell Recreation prior to the trip. Space is limited. **Program Fee: \$10.00**

Winter Active Aging Exercise Class Thursdays, November 4-December 30, 10:00am -11:00am, Hopewell Township Municipal Building Auditorium. Please call for details. Registration is required, space is limited, please call Senior Services, 609-537-0236 or email seniorservices@hopewelltp.org. No class 11/11 or 11/25.

Chair Yoga Fridays, November 4- December 17, 1:30pm-2:30pm in the Hopewell Township Municipal Building Auditorium. Chair Yoga is a gentle form a yoga that can be done while seated in a chair or with the assistance of a chair. Join our instructor Shirin as we offer this 6 week class. Registration is required through Hopewell Township Recreation and a fee of \$15/person for the 8 week class. To register, call Senior Services 609-537-0236 or seniorservices@hopewelltp.org

Hopewell Township Rabies Clinic- Drive Thru Saturday, November 6 9:00am-Noon at the Hopewell Township Public Works Building, 203 Washington Crossing-Pennington Rd. in Titusville. This event will be held as a drive-thru, pet parents will remain in their cars while animal control officers will take your pets inside for the vaccination.

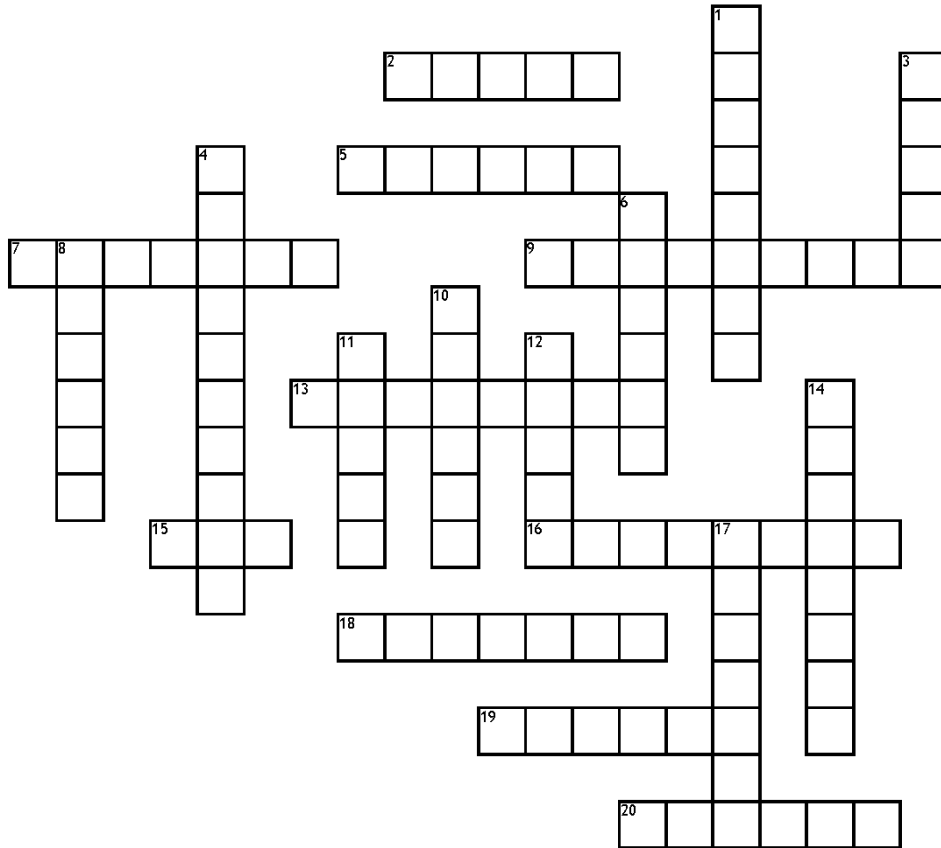
Veteran's Day Ceremony Saturday, November 6, 11:00am at Woolsey Park, 221 Washington Crossing Pennington Road, Titusville, NJ 08560. Event is rain or shine. Please bring your lawn chairs and event is uniform appropriate.

Senior Center Open House Wednesday, November 10 1:00pm to 3:00pm at the Hopewell Valley Senior Center. Join us as we finally celebrate the renovations to the Hopewell Valley Senior Center. Renovations were complete just before the beginning of the pandemic so we were not able to officially hold a grand opening. Celebrate with an afternoon of light refreshments with fellow seniors! Please register with Senior Services 609-537-0236 or seniorservices@hopewelltp.org.

Hopewell Valley Community Book Discussion Wednesday, November 10, 7:00pm virtually. Hopewell Valley School District and the Hopewell Valley Education Foundation are honoring Native American Heritage Month by hosting a community book conversation . Dr. Camilla Townsend of Rutgers University will be discussing her biography Pocahontas and the Powhatan Dilemma. Books are available at the Mercer County Library, Hopewell Branch and the Pennington Public Library. To register go to: <https://www.hvef.org/news-events/heritage-month-book-club.html>

Brown Bag Lunch: Six Veterans share memories of military service Thursday, November 11 at 1:00pm, Six local veterans will share highlights of their military service in a Veterans Day program . This salute to our veterans is sponsored by the Older Adult Ministry Committee of the Pennington Presbyterian Church. We will gather virtually at 12:45. The one and a half hour program will begin promptly at 1. To register and receive the zoom link, please contact the church office at 609-737-1221, x10. Bill Kianka, Captain, US Air Force, will discuss flying jet fighters. Marilyn Rutledge will recount experiences of her now deceased husband, Chuck Rutledge, Sergeant, US Marine Corps, at the Battle of Chosin Reservoir, North Korea. Bob Peeck, Lieutenant Colonel, US Army, will recall Army School in Fort Benjamin Harrison, Indiana. Christopher Newport, Lieutenant, US Navy, will share his experiences in the submarine service. Barbara Rockel will describe the positive impact of military service on the life of her now deceased husband, Bill Rockel, Electronics Officer 3rd class, US Navy. Larry Mansier, private, US Army, will recall his time in an iron lung during the Korean War and the consistently supportive treatment he received thereafter in Army and VA Hospitals.

Happy Thanksgiving

Across

- 2. This is often held to celebrate Thanksgiving
- 5. Pilgrims wore this
- 7. English Person at the first Thanksgiving
- 9. Often had as a drink, jelly, or fruit
- 13. A sport often played at the celebration
- 15. A sweet dessert eaten after the meal

16. Often found inside a cooked turkey..

- 18. This is often eaten in the form of a pie
- 19. A pumpkin is an example of this kind of vegetable
- 20. Says "gobble gobble"

Down

- 1. The month that Thanksgiving is in
- 3. Goes on top of Potatoes
- 4. Often filled with plenty of food

6. We celebrate with our -----

- 8. Native Person at the first Thanksgiving
- 10. The season during this celebration
- 11. A soft sweet type of bread
- 12. People sometimes like to play
- 14. We celebrate to show the things we are ----- for.
- 17. Indian hair decoration

Word Bank

- | | | | | |
|----------|---------|----------|------------|-----------|
| THANKFUL | TURKEY | PILGRIM | INDIAN | STUFFING |
| ROLLS | FAMILY | AUTUMN | NOVEMBER | CRANBERRY |
| SQUASH | PUMPKIN | PIE | FEATHER | GRAVY |
| FEAST | GAMES | FOOTBALL | CORNUCOPIA | TOPHAT |



A T A Z H L O Z X N R B E Z D X B X H A O F I F
 B L I S R W T G K A C E T Z X N M X B S M Y D E
 M O Q E G J K U R S A I F B G Q M O J I J O I Q
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 C L H D P H J Y B R A V E V C Y L U U R K X F A
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 I A P I R Y F K V S S O Q H N T E P N M M P B T
 R R K N I P L X Z Y E U L Y P K R L Q Q E Z S S
 C Y W U O N D M E K N R H J M N I I I C B F R A
 A P O P T E G W N T I A V W H C I I N K F R E O
 S P X P I E O R X C R G F O L W P A V O K Z I C
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 O E M S F J V D J D M O B T I E R N C E W J L S
 N Q M P A D K P X U R E U N T G R R T O P Y O B
 V V F L X W W N N C R A Y E H H E Q O R L T S R
 F G S F Q L G L Y T E W V T Q E O I R E O U W W
 S G G O N Y X K Y U B Y W J M I S T Y H D B K L
 X R E D K S Q O P T U H A D Z G I A W I U R A Q
 O A A B N H W J K W F G G C S G B P W G P M O L
 B T J W D U F H K M C B X H S Z N N F Q E I M Y

Sacrifice
 American
 Marines
 Veteran
 Patriotic
 Army

United States
 Soldiers
 Air Force
 Heroes
 Victory

Anthem
 Coast Guard
 Freedom
 Military
 Courage

Brave
 Navy
 War
 Liberty
 Honor

Hopewell Valley Senior Services
201 Washington Crossing-Pennington Rd.
Titusville, NJ 08560
RETURN SERVICE REQUESTED

Useful Numbers for Older Adults in Hopewell Valley

Adult Protective Services-(609) 989-4320

Contact Reassurance (free daily calls)-(609) 737-2000

FISH Meals on Wheels-(609) 737-9123

Mercer County Consumer Affairs-(609) 989-6671

Mercer County Library-Hopewell- (609) 737-2610

Mercer County Nutrition Project/ HV Senior Center (609) 737-3855

Mercer County Office on Aging-(609) 989-6661

Mercer County Surrogate-(609) 989-6331

Program Registrations-Leslie (609) 737-3753

RideProvide of Greater Mercer County-(609) 452-5140

Senior Services, Randi Knechel-(609) 537-0236

TRADE Transportation-(609) 530-1971