

Senior Spirit

Hopewell Valley Senior Services Newsletter

December 2019, Vol. 13, No. 12

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End of Year Celebration
Tuesday, December 31
10:00am
HV Senior Center

Come celebrate with your fellow seniors the end of 2019 with music and refreshments. Music provided by Karl Dentino Ragtime Blues Guitar Player and refreshments provided by Hopewell Valley Senior Services.



Upcoming Holiday Programs in Hopewell Valley

Toys For Tots Collection

Hopewell Township is teaming up with the U.S. Marine Corps for the annual "Toys for Tots" toy collection drive. Please drop off new, unwrapped presents at the Municipal Building. Gifts will be accepted up until December 2nd.

Holiday Cards to Our Troops Overseas

Hopewell Recreation is partnering with Operation Gratitude to support our nation's heroes during this holiday season. Residents are encouraged to stop into the Municipal Building to drop off a card, letter, or drawing, thanking our service men and women for their commitment and bravery. A limited amount of cards are available for use in the Recreation Department. Please do not put letters or cards in envelopes as there is a screening process. Drop off your well wishes and spread some holiday cheer to make someone's season merry and bright!! Feel free to bring your cards to the tree lighting on December 2nd.

Hopewell Township Tree Lighting: Monday, December 2, 6:00pm

Hopewell Township Municipal Building Front Lawn, 201 Washington Crossing Pennington Road, Titusville
Join us along with our Guests of Honor, Union Fire Company & Rescue Squad, as they kick off their 100th anniversary celebration by lighting our beautiful evergreen tree with over 6,000 lights and letting our community spirit shine bright! Refreshments will be available after the ceremony. Hosted by the Hopewell Township Parks & Recreation Dept. For additional Information call the Recreation Dept. 609-737-3753.

Holiday Walk: Friday, December 6, 6:00pm-9:00pm

The Pennington Business & Professionals Association is sponsoring the 36th Annual Holiday Walk in Pennington. The evening begins with a tree lighting ceremony at Howe Commons at 6:00pm. Santa will once again headline the evening listening to the children's holiday wishes and posing for pictures. Main Street will be lit with 52 illuminated snowflakes and the sounds of holiday music playing.

Hopewell Borough Tree Lighting: Saturday, December 7, 6:00pm

Hopewell Fire House, 4 Columbia Ave, Hopewell

Upcoming Hopewell Township Recreation Trips:

NYC Holiday Shopping Trip...Sunday, December 15

Disney On Ice Presents "Road Trip Adventures"...Monday, December 30

Philadelphia Flower Show...Thursday, March 5

Doolan's "St. Patrick's Feast"...Wednesday, March 11

"Tina Turner", a Broadway Musical...Wednesday, April 22

"Guys and Dolls" at the Dutch Apple Theatre...Wednesday, May 6

Special Events December 2019

Documentaries @ Your Library -- Earth (2007) Monday, December 2, 1:30pm at Mercer County Library Hopewell, 245 Pennington Titusville Road, Pennington. Narrated by James Earl Jones, this documentary spotlights how creatures on Earth live over the course of a given year. The filmmakers focus on various different geographical locations, as well as a plethora of animal species (Rated G, 90 minutes). *No registration necessary.*

Hopewell Township Tree Lighting Monday, December 2, 6:00pm Hopewell Township Municipal Building, 201 Washington Crossing Pennington Road, Titusville. Join us along with our Guests of Honor, Union Fire Company & Rescue Squad, as they kick off their 100th anniversary celebration by lighting our beautiful evergreen tree with over 6,000 lights and letting our community spirit shine bright! Refreshments will be available after the ceremony. Hosted by the Hopewell Township Parks & Recreation Dept. For additional Information call the Recreation Dept. 609-737-3753.

First Friday Film -- The Grey (2017) Friday, December 6, 1:30 pm, at Mercer County Library, 245 Pennington Titusville Road, Pennington. Alaskan oil rig workers fight wolves and the elements after surviving an airplane crash miles from civilization and realizing there is little hope of being rescued (Rated R, 117 minutes).

Holiday Walk Friday, December 6, 6:00pm-9:00pm The Pennington Business & Professionals Association is sponsoring the 36th Annual Holiday Walk in Pennington. The evening begins with a tree lighting ceremony at Howe Commons at 6:00pm. Santa will once again headline the evening listening to the children's holiday wishes and posing for pictures. Main Street will be lit with 52 illuminated snowflakes and the sounds of holiday music playing.

Hopewell Borough Tree Lighting Saturday, December 7, 6:00pm at Hopewell Fire House, 4 Columbia Ave, Hopewell

The Short of It -- Anton Chekhov Wednesday, December 11, 2:00 pm at Mercer County Library, 245 Pennington Titusville Road, Pennington. The short story -- short in length, but full of content! Join our discussion group, which focuses on the short story. Each month we'll read and discuss three short stories by the same author. This month's author is Anton Chekhov and his short stories, "Gusev," "Gooseberries," and "The Darling."

Estate Planning Wednesday, December 11, 6:30 pm at Mercer County Library, 245 Pennington Titusville Road, Pennington. Today's estate plans must account for a number of factors including societal changes, New Jersey and Federal taxes that affect estates, and the expenses of long-term care. These changes present not only challenges to overcome, but also new opportunities for you and your loved-ones. Please join us for an informational seminar outlining some of the issues and potential ways that an estate plan can evolve to address them. *Presented by attorneys from Stark & Stark. Registration requested. 609-737-2610*

Holiday Lunch Wednesday, December 18, 11:30am at Brandywine Living at Pennington, 143 W Franklin Street, Pennington. Enjoy a holiday lunch provided by Brandywine Living at Pennington while enjoying the sounds of the season, holiday themed door prizes and party favors for all! Registration is required, please call Brandywine 609-730-9922 or hmurray@brandycare.com

Movies for Adults--Love Actually Wednesday, December 18, 1:30pm, Mercer County Library, 245 Pennington Titusville Road, Pennington. ***Love Actually*** (2003): (Bill Nighy, Hugh Grant, Liam Neeson, Emma Thompson & Colin Firth) Rated R, 130 minutes. *Summary:* Romantic comedy centering on several London couples during Christmastime.

End of Year Party Tuesday, December 31, 10:00am, HV Senior Center, 395 Reading Street, Pennington. Celebrate the end of 2019 with fellow friends and seniors of Hopewell Valley. Music performed by Karl Dentino Ragtime Blues guitar player and refreshments will be provided by Hopewell Valley Senior Services.

Ongoing Programs

Active Aging Exercise Class Thursdays, October 24-December 19, 10:00am, Hopewell Township Municipal Building, 201 Washington Crossing Pennington Road, Titusville. Come and enjoy the benefits of stretching and low-impact exercises. Keep moving through fitness. The program is adaptable to all levels and will highlight: functional fitness, balance, strength, endurance, posture, flexibility, and mobility. As with any exercise program, check with your healthcare provider before participating. To register, call Leslie 609-737-3753.

Artists' Choice Tuesday's, 1:00pm-3:00pm, Hopewell Township Municipal Building Auditorium, 201 Washington Crossing Pennington Road, Titusville. Bring your own supplies and come socialize with fellow artists.

Billiards Club Tuesdays 1:00pm-3:00pm at Hopewell Valley YMCA, 62 S. Main Street, Pennington. Come socialize and enjoy refreshments while playing a game of pool! Contact Randi to register 537-0236.

Bingo First Wednesday of the month, 10:30-11:30am at the HV Senior Center.

Blood Pressure First Tuesday of the month 10-11am at the Hopewell Valley Senior Center. Third Tuesday of the month, 10am-noon at the Hopewell Township Municipal Building.

Healthy Bones Every Monday and Wednesday at 10:30am at the Hopewell Township Municipal Building, 201 Washington Crossing-Pennington Rd. in Titusville. Brought to you by the Healthy Bones volunteers and the Hopewell Township Health Department. Free. For more information call Randi at 609-537-0236.

Knitting Club Second Friday of the month, 1:00pm-3:00pm at Hopewell Township Municipal Building Auditorium, 201 Washington Crossing Pennington Road, Titusville.. Bring your own supplies and your imagination and come create masterpieces while enjoying the company of friends!

Let's Chat Social Group Second Wednesday of the month, 1:00pm-3:00pm at Hopewell Township Building, 201 Washington Crossing Pennington Road, Titusville. Join this group created for spending a few hours with other local seniors socializing, playing games, doing hobbies, whatever, we are open to suggestions!

Lunch Monday-Friday, 11:30am at the Hopewell Valley Senior Center, 395 Reading St. in Pennington. Call the Mercer County Nutrition Project at 609-989-6650 for information or the senior center from 9am-1pm at 609-737-3855 to register. Meals must be reserved three days in advance. Suggested \$1 donation.

Mahjongg Thursdays, 1:30-3:30pm at the Hopewell Township Municipal Building Auditorium, 201 Washington Crossing Pennington Road, Titusville. Weekly Mahjongg. Beginners welcome to attend and shadow experienced players. Free.

Newsletter Folding Meets the third Monday of the month, 12:30pm at the HV Senior Center, 395 Reading Street, Pennington. Help us get ready for next month by volunteering to fold the newsletter. Refreshments will be provided. We are changing times due to the construction at the Senior Center. For more information call 609-537-0236.

Senior Advisory Board Meeting is the third Wednesday at 2:00pm at the Hopewell Township Municipal Building Auditorium, 201 Washington Crossing Pennington Road, Titusville.. The Senior Advisory Board seeks to enrich the quality of life for Hopewell Valley Seniors. The public is encouraged to attend. Refreshments served. For more information call 609-537-0236.

Social Bridge Mondays, 2:00pm-4:00pm at the at the Mercer County Library-Hopewell, 245 Pennington Titusville Road, Pennington. All experience levels invited, come socialize while playing bridge!

Programs subject to cancellation due to extreme weather. For more information, call (609)537-0236

Hopewell Valley Senior Center, 395 Reading Street, Pennington, NJ 08534, phone: (609) 737-3855

Around the Valley



Holiday Luncheon

Wednesday, December 18

11:30 am

Brandywine Living at Pennington

143 W. Franklin Ave, Pennington

Enjoy a holiday lunch provided by Brandywine Living at Pennington while enjoying the sounds of the season, holiday themed door prizes and party favors for all!

Registration is required, please call Brandywine 609-730-9922 or hmurray@brandycare.com



BRANDYWINE LIVING

Life is Beautiful

Useful Numbers for Older Adults in Hopewell Valley

Adult Protective Services-(609)989-4320

Contact Reassurance (free daily calls)-(609)883-2880

FISH Meals on Wheels-(609)737-9123

Mercer County Consumer Affairs-(609)989-6671

Mercer County Library-Hopewell- (609)737-2610

Mercer County Nutrition Project/ HV Senior Center (Pennington)-(609)737-3855

Mercer County Office on Aging-(609)989-6661

Mercer County Surrogate-(609)989-6331

Program Registrations-Leslie (609)737-3753

RideProvide of Greater Mercer County-(609)452-5140

Senior Services, Randi Knechel-(609)537-0236

TRADE Transportation-(609)530-1971

Hopewell Valley Senior Services
201 Washington Crossing-Pennington Rd.
Titusville, NJ 08560

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