

December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All programs are at the Hopewell Valley Senior Center, 395 Reading St. in Pennington unless marked in bold. For directions to any location, call 732-981-1111	Location Guide BSL-Brandywine Senior Living CHH-Capital Health-Hopewell HTB-Hopewell Town. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley Central High School	HVY-Hopewell Valley YMCA MCL-MC Library, Hopewell Branch PB-Pennington Borough PPC-Pennington Presbyterian Church SMC-St. Matthews Church SJC- St. James Church				1
2	3 10:30-Healthy Bones (SMC) 10:45-Healthy Bones (HTB) 11:30-Lunch: Fried Chicken 1:30-Social Bridge 6-Author Workshop (MCL)	4 10-Blood Pressure 11:30-Lunch: Meatballs 1-Artists' Choice	5 10:30-Bingo 10:45-Healthy Bones (HTB) 11:30-Lunch: Beef Burger	6 11:30-Lunch: Chopped Salad w/ Turkey & Provolone 1- Men's Billiards Club (HVY) 1:30-Mahjongg	7 11:30-Lunch: Crab Cake 12:30-Brown Bag Luncheon (PPC)	8
9	10 10:30-Healthy Bones (SMC) 10:45-Healthy Bones (HTB) 11:30-Lunch: Chicken Teriyaki 1:30-Social Bridge	11 11:30-Lunch: Chicken Tetrazzini 1-Artists' Choice	12 10:45-Healthy Bones (HTB) 11:30-Lunch: Chicken Pot Pie 2- The Short of It (MCL)	13 11:30-Lunch: Italian Sausage 1- Men's Billiards Club (HVY) 1:30-Mahjongg	14 10-Sing-along 10-Elder Investment (MCL) 11:30-Lunch: Tuna Salad 1-Knitting Club	15
16	17 10:30-Healthy Bones (SMC) 10:45-Healthy Bones (HTB) 11:30-Lunch: Sirloin Beef Tips 12:30-Newsletter Folding 1:30-Social Bridge	18 10-Blood Pressure (HTB) 11:30-Lunch: Rubens 1-Artists' Choice 3- Aging In Place Group	19 10-Cookie Exchange 10:45-Healthy Bones (HTB) 11:30-Lunch: Chicken Parm 2- Senior Advisory Board	20 11:30-Lunch: Kielbasa 1- Men's Billiards Club (HVY) 1:30-Mahjongg	21 11:30- Lunch: Breaded Fish 1-Bead & Jewelry Group	22
23/30	24(closed)/31 only: 10:30-Healthy Bones (SMC) 10:45-Healthy Bones (HTB) 11:30-Lunch: Pork Loin 1:30-Social Bridge	25 CLOSED: CHRISTMAS	26 10:45-Healthy Bones (HTB) 11:30-Lunch: Stuffed Chicken 1:30 & 6:15: Movies for Adults: New Years' Eve (MCL)	27 10-End of Year Party 11:30-Lunch: Salisbury Steak 1- Men's Billiards Club (HVY) 1:30-Mahjongg	28 11:30- Roasted Turkey w/ Gravy	29