

# March 2018

| Sun                                                                                                                                                                          | Mon                                                                                                                                                                                                                                                                    | Tue                                                                                                                                                                                                                                                          | Wed                                                                                                                                 | Thu                                                                                                                                                                                                                          | Fri                                                                                                                        | Sat                                                  |    |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|----|
| <p>All programs are at the Hopewell Valley Senior Center, 395 Reading St. in Pennington unless marked in bold. For directions to any location, call 737-0605, ext. 6360.</p> | <p><b>Location Guide</b><br/>           BSL-Brandywine Senior Living<br/>           CHH-Capital Health-Hopewell<br/>           HTB-Hopewell Town. Building<br/>           HTPW-Hopewell Twp. Public Works<br/>           HVCHS-Hopewell Valley Central High School</p> | <p>HVY-Hopewell Valley YMCA<br/>           MCL-MC Library, Hopewell Branch<br/>           PPC-Pennington Presbyterian Church<br/>           PPL-Pennington Public Library<br/>           SAC-St. Alphonsus Church<br/>           SMC-St. Matthews Church</p> |                                                                                                                                     | <p>1 10- Exercise for the Active Aging (HTB)<br/>           11:30-Lunch:<br/>           1- Men's Billiards Club (HVY)</p>                                                                                                    | <p>2 11:30-Lunch:<br/>           12:15-Brown Bag Lunch (PPC)</p>                                                           | 3                                                    |    |
|                                                                                                                                                                              | 4                                                                                                                                                                                                                                                                      | <p>5 10:30-Healthy Bones (SMC)<br/>           10:45-Healthy Bones (HTB)<br/>           11:30-Lunch:<br/>           2-Social Bridge</p>                                                                                                                       | <p>6 10-AARP Tax Aid (MCL)<br/>           10-Blood Pressure<br/>           11:30-Lunch:<br/>           1-Artists' Choice</p>        | <p>7 10:30-Bingo<br/>           10:45-Healthy Bones (HTB)<br/>           11:30-Lunch:</p>                                                                                                                                    | <p>8 10- Exercise for the Active Aging (HTB)<br/>           11:30-Lunch:<br/>           1- Men's Billiards Club (HVY)</p>  | <p>9 11:30-Lunch:<br/>           1-Knitting Club</p> | 10 |
|                                                                                                                                                                              | 11                                                                                                                                                                                                                                                                     | <p>12 10:30-Healthy Bones (SMC)<br/>           10:45-Healthy Bones (HTB)<br/>           11:30-Lunch:<br/>           2-Social Bridge</p>                                                                                                                      | <p>13 10-AARP Tax Aid (MCL)<br/>           11:30-Lunch:<br/>           1-Artists' Choice<br/>           3-Tech Time (MCL)</p>       | <p>14 10:45-Healthy Bones (HTB)<br/>           11:30-Lunch:<br/>           2-The Short of It (MCL)</p>                                                                                                                       | <p>15 10- Exercise for the Active Aging (HTB)<br/>           11:30-Lunch:<br/>           1- Men's Billiards Club (HVY)</p> | <p>16 11:30-Lunch:</p>                               | 17 |
|                                                                                                                                                                              | 18                                                                                                                                                                                                                                                                     | <p>19 10:30-Healthy Bones (SMC)<br/>           10:45-Healthy Bones (HTB)<br/>           11-Mondays with Mia (HT)<br/>           11:30-Lunch:</p>                                                                                                             | <p>20 10-Blood Pressure (HTB)<br/>           10-AARP Tax Aid (MCL)<br/>           11:30-Lunch:<br/>           1-Artists' Choice</p> | <p>21 10-Osteoporosis<br/>           10:45-Healthy Bones (HTB)<br/>           11:30-Lunch:</p>                                                                                                                               | <p>22 10- Exercise for the Active Aging (HTB)<br/>           11:30-Lunch:<br/>           1- Men's Billiards Club (HVY)</p> | <p>23 11:30-Lunch:</p>                               | 24 |
|                                                                                                                                                                              | 25                                                                                                                                                                                                                                                                     | <p>26 10-Coffee Connections (HBH)<br/>           10:30-Healthy Bones (SMC)<br/>           10:45-Healthy Bones (HTB)<br/>           11:30-Lunch:</p>                                                                                                          | <p>27 10-AARP Tax Aid (MCL)<br/>           11:30-Lunch:<br/>           1-Artists' Choice</p>                                        | <p>28 10- Cooking for Empty Nesters<br/>           10:45-Healthy Bones (HTB)<br/>           11:30-Lunch:<br/>           1:30 and 6:30- Movie: The Glass Castle (MCL)<br/>           6:30-Senior Center Focus Group (PPL)</p> | <p>29 10- Exercise for the Active Aging (HTB)<br/>           11:30-Lunch:<br/>           1- Men's Billiards Club (HVY)</p> | <p>30 <b>CLOSED:<br/>           GOOD FRIDAY</b></p>  | 31 |