

November 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St. in Pennington unless marked in bold. For directions to any location, call 537-0236.</p>			<p>1 10:30- Bingo 10:45-Healthy Bones (HTB) 11:30-Lunch: 1:30-How to Pick a Device</p>	<p>2 9-AARP Safe Driver 10-Active Aging Exercise (HTB) 11:30-Lunch: 1:30-Mahjongg 3:30-Senior Luncheon (HVCHS)</p>	<p>3 11:30-Lunch: 12:30-Brown Bag Lunch (PPC)</p>	<p>4 10-Rabies Clinic (HTPW)</p>
	<p>5</p>	<p>6 10:30-Healthy Bones (SMC) 11:30-Lunch: 2-Social Bridge</p>	<p>7 11-Leisure Club (SAC) 1-Men's Billiard's Club (HVY) SENIOR CENTER CLOSED: ELECTION DAY</p>	<p>8 10- Parkinson's 10:45-Healthy Bones (HTB) 11:30-Lunch: 1:30-Walking Group (PB)</p>	<p>9 10-Active Aging Exercise (HTB) 11:30-Lunch: 1:30-Mahjongg</p>	<p>10 CLOSED</p>
	<p>12</p>	<p>13 10:30-Healthy Bones (SMC) 10:45-Healthy Bones (HTB) 11:30-Lunch: 2-Social Bridge 2-Book Club (MCL)</p>	<p>14 10-Blood Pressure & Blood Glucose Screening 11:30-Lunch: 1-Men's Billiard's Club (HVY) 1- Artists' Choice</p>	<p>15 10-Stonybrook Watershed 10:45-Healthy Bones (HTB) 11:30-Lunch: 2- Senior Advisory Board</p>	<p>16 10-Active Aging Exercise (HTB) 11:30-Lunch: 1:30-Mahjongg</p>	<p>17 11:30-Lunch: 18</p>
	<p>19</p>	<p>20 10:30-Healthy Bones (SMC) 10:45-Healthy Bones (HTB) 11-Mondays with Mia (HTB) 11:30-Lunch: 1- NEWSLETTER FOLDING</p>	<p>21 10-Blood Pressure & Blood Glucose Screening (HTB) 11:30-Lunch: 1-Men's Billiard's Club (HVY) 1- Artists' Choice 3-Aging-In-Place Meeting</p>	<p>22 10:45-Healthy Bones (HTB) 11:30-Lunch:</p>	<p>23 CLOSED: THANKSGIVING</p>	<p>24 CLOSED</p>
	<p>26</p>	<p>27 10:30-Healthy Bones (SMC) 11:30-Lunch: 2-Social Bridge</p>	<p>28 11:30-Lunch: 1-Men's Billiard's Club (HVY) 1- Artists' Choice</p>	<p>29 10:45-Healthy Bones (HTB) 11:30-Lunch: 1:30 & 6:15-End of Month Movie: Silence (MCL)</p>	<p>30 10-Active Aging Exercise (HTB) 11:30-Lunch: 1:30-Mahjongg</p>	<p>Location Guide HTB-Hopewell Town. Building HTPW-Hopewell Twp. Public Works HVGC- Hopewell Valley Golf Club HVCHS-HV Central High School HVY-HV YMCA</p>
						<p>HB/HL-Hopewell Borough/Hart's Lane MCL-MC Library, Hopewell Branch PA- Princeton Abbey PPC- Pennington Presbyterian Church PPL-Pennington Public Library SAC-St. Alphonsus Church</p>