



September 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold. For directions to any loca-	1  CELEBRATING LABOR DAY *** DAY ***	2 10—Cribbage & Coffee (MCL) 1—Artists' Choice 1—Creative Well-Being (HTB) 2—Stitch 'n' Knit (HPL) 6:30—HPL Book Club (HPL)	3 10:30—Healthy Bones (HTB) 1—Just Games/Knitting Club/ Social Bridge 1:30—Meditation 2—Scrabble (MCL)	4 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Dominoes (MCL) 1:30—Mahjong 3—Art Show (MCL)	5 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	6  9/11 Ceremony 11:00am Woolsey Park
7  Grandparents Day	8 10—Canasta (MCL) 10:30—Healthy Bones (HTB) 1:30—Social Bridge	9 10—Cribbage & Coffee (MCL) 1—Artists' Choice & Lesson 1—Creative Well-Being (HTB)	10 10:30—Healthy Bones (HTB) 1—Just Games 1:30—Meditation 2—Scrabble (MCL)	11 SENIOR PICNIC  9—Active Aging (HTB) 10—Active Aging (HTB) 10—Dominoes (MCL) 12—SENIOR PICNIC(WXSP) 1:30—Mahjong	12 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	13  HAPPY NATIONAL PEANUT DAY! September, 13th
14  NATIONAL CREAM-FILLED DONUT DAY	15 10—Canasta (MCL) 10:30—Healthy Bones (HTB) 1:30—Social Bridge	16  10:30—Vegetarian Cooking (MCL) 1—Artists' Choice 1—Creative Well-Being (HTB)	17 10:30—Healthy Bones (HTB) 1—Just Games 1:30—Meditation 2— Senior Advisory Board 2—Scrabble (MCL)	18 SENIOR PICNIC RAINDATE 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Dominoes (MCL) 1:30—Mahjong	19 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	20  NATIONAL FRIED RICE DAY SEPTEMBER 20
21  National Pecan Cookie Day	22  10—Canasta (MCL) 10:30—Healthy Bones (HTB) 12- Newsletter Preparation 1:30—Social Bridge	23 10—Cribbage & Coffee (MCL) 1—Artists' Choice 1—Creative Well-Being (HTB)  Rosh Hashanah	24 10:30—Healthy Bones (HTB) 1—Just Games 1:30—Meditation 1:30—FLU CLINIC 2—Scrabble (MCL)	25 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Dominoes (MCL) 1:30—Mahjong	26 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2—Film Screening (MCL) 2:30—Chair Yoga (HTB)	27  NATIONAL Chocolate Milk DAY!
28  NATIONAL GOOD NEIGHBOR DAY	29 10—Canasta (MCL) 10:30—Healthy Bones (HTB) 1:30—Social Bridge	30 <i>Doo-Wop to Disco Trip</i> 10—Cribbage & Coffee (MCL) 1—Artists' Choice 1—Creative Well-Being (HTB)			Location Guide CH- Capital Health HTB-Hopewell Twp. Building HTPW-Hopewell Twp. Public Works HVCBS-Hopewell Valley High School HTH— Hopewell Borough Hall	HPL- Hopewell Borough Library HPC- Hopewell Presbyterian Church HTS—Hopewell Train Station JPT—Jag Physical Therapy MCL-MC Library, Hopewell Branch PB-Pennington Borough Hall