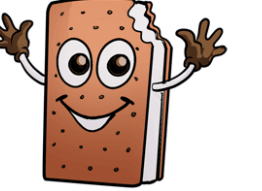
















August 2025



Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold. For directions to any lo-		Location Guide CH- Capital Health HTB-Hopewell Twp. Building HTPW-Hopewell Twp. Public Works HVCBS-Hopewell Valley High School HTH— Hopewell Borough Hall	HPL- Hopewell Borough Library HPC- Hopewell Presbyterian Church HTS—Hopewell Train Station JPT—Jag Physical Therapy MCL-MC Library, Hopewell Branch PB-Pennington Borough Hall			1 10—Community Connections (HTB) 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	2  NATIONAL ICE CREAM SANDWICH DAY
3  Friendship Day		4 10—Canasta (MCL) 10:30—Healthy Bones (HTB) 1:30—Social Bridge	5 National Night Out 6:00pm Stony Brook Elementary 10—Cribbage & Coffee (MCL) 1—Artists' Choice & Lesson 1—Creative Well-Being (HTB) 2—Stitch 'n' Knit (HPL) 6:30—HPL Book Club (HPL)	6 10:30—Healthy Bones (HTB) 1—Just Games/Knitting Club 1:30—Meditation 2—Scrabble (MCL) 6:30—Night Knitters (HPL)	7 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Dominoes (MCL) 1:30—Mahjong	8 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	9  NATIONAL BOWLING DAY
10  NATIONAL S'MORES DAY AUGUST 10		11 10—Canasta (MCL) 10:30—Healthy Bones (HTB) 1:30—Social Bridge	12 10—Cribbage & Coffee (MCL) 1—Artists' Choice 1—Creative Well-Being (HTB)	13 10:30—Healthy Bones (HTB) 1—Just Games 1:30—Meditation 2—The Short of It (MCL) 2—Scrabble (MCL)	14 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Dominoes (MCL) 1:30—Mahjong	15 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	16  NATIONAL BRATWURST DAY
17  Black Cat appreciation day		18 10—Canasta (MCL) 10:30—Healthy Bones (HTB) 12- Newsletter Preparation 1:30—Social Bridge	19 Creative Well-Being Cancelled 10—GrandPals Orientation (HTB) 10—Cribbage & Coffee (MCL) 1—Artists' Choice 	20 Meditation Cancelled 10:30—Healthy Bones (HTB) 1—Just Games 2— Senior Advisory Board 6:30—Night Knitters (HPL)	21 9—Active Aging (HTB) 10—Active Aging (HTB) 1:30—Mahjong 	22 Chair Yoga Cancelled 10—Mahjong (MCL) 1— Ice Cream Soci (HTB) 	23  SPONGE CAKE DAY 23rd August 10—Mahjong (MCL)
24  NATIONAL WAFFLE DAY	31  Happy National TRAIL MIX Day!	25 10—Canasta (MCL) 10:30—Healthy Bones (HTB) 1:30—Social Bridge	26 Creative Well-Being Cancelled 10—Cribbage & Coffee (MCL) 1—Artists' Choice	27 Meditation Cancelled 10:30—Healthy Bones (HTB) 1—Just Games/Social Bridge 2—Tech Savvy Seniors Class 2—Scrabble (MCL)	28 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Dominoes (MCL) 1:30—Mahjong	29 Chair Yoga Cancelled 10—Mahjong (MCL)	30  NATIONAL BEACH DAY AUGUST 30