



# Senior Spirit

Hopewell Valley Senior Newsletter

May 2025, Vol. 19, No. 5

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Stay NJ  
For Senior Homeowners



Hopewell Valley Senior Services



## **NJ Department of Taxation: Property Tax Relief**

**Friday, May 2, 2025  
10:30am - 11:30am**

**Hopewell Township Building**  
201 Washington Crossing Pennington Road, Titusville

STAY NJ Application has been introduced to incorporate the Senior Freeze, Anchor and Stay NJ tax relief programs. Join us as representatives from the State speak about the changes to application and information you need to know to apply for 2025 Property Tax Relief.

Registration is requested, please contact Senior Services. 609-537-0236 or [seniorservices@hopewellwp.org](mailto:seniorservices@hopewellwp.org)

## Important Dates:

**Thursday, May 1:** Property Taxes Due



**Monday, May 5:**



**Saturday, May 10:** 2nd Annual Cultural Festival at Woolsey Park



**Sunday, May 11:**



**Saturday, May 17:**

**Saturday, May 24:** Veteran's Memorial Service, 11:00am at Woolsey Park

**Sunday, May 25:** Hopewell Borough Memorial Day Parade, 1:00pm

**Monday, May 26:** Pennington Borough Memorial Day Parade, 11:00am

**COMPUTER CLASSES:** Senior Services has partnered with Mercer County Library—Lawrence to offer computer classes to Hopewell Valley Residents. They will be here the 4th Wednesday of the month from 2:00pm—3:00pm at the HV Senior Center. If you have ideas or need specific help, please call Senior Services. We will schedule classes based on YOUR needs.

**FARMERS MARKET VOUCHERS AVAILABLE!** Mercer County Seniors may be eligible for free \$50 vouchers to be used at local farmers' markets this summer. Eligible participants must have an income below \$27,861 per year (single) or \$37,814 per year for a dual income household. If you meet these requirements and are interested, please contact Senior Services to fill out an application. First come, first served, these vouchers are available county-wide.

**MONTHLY HEALTH TIPS: May is STROKE Awareness month!**

Signs & Symptoms of a Stroke: **B-E F-A-S-T**

Balance, Eyes, Face Drooping, Arm Weakness, Speech Difficulty, Time to call 9-1-1



**HOPEWELL TOWNSHIP**  
Parks & Recreation Department

To register, please contact Hopewell Township Recreation  
609-737-3753.

**Pickup/Drop Off Location: Independence Park**  
**10 Stephenson Rd, Pennington, NJ 08534.**

**Old Westbury Gardens & House Tour:** Wednesday, May 7

**Still Surfin':** Tuesday, May 13 at Penns Peak

**Gypsy on Broadway:** Wednesday, May 21 at the Majestic Theatre

**Noah & Shady Maple:** Wednesday, June 4 at Sight & Sound Theatre

**Lake Hopatcong Lunch Cruise:** Thursday, June 12

**9 to 5:** Tuesday, July 1 at Surf Light Theatre

## HOPEWELL VALLEY SENIOR SERVICES

Hopewell Valley Senior Services: 609-537-0236 or [seniorservices@hopewelltwp.org](mailto:seniorservices@hopewelltwp.org)

### HOPEWELL VALLEY PROGRAMS:

**Community Connections: Stay NJ Tax Program:** Friday, May 2 from 10:30am—12:00noon at the Hopewell Township Municipal Building. STAY NJ Application has been introduced to incorporate the Senior Freeze, Anchor and Stay NJ tax relief programs. Join us as representatives from the State speak about the changes to application and information you need to know to apply for 2025 Property Tax Relief. Registration is requested, please contact Senior Services.

**Spring Play Preview, The ADDAMS Family:** Wednesday, May 7, 1:50pm at the Performing Arts Center, Hopewell Valley Central High School, 259 Pennington Titusville Road, Pennington. THE ADDAMS FAMILY, a comical feast that embraces the wackiness in every family, features an original story and it's every father's nightmare: Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family - a man her parents have never met. And if that wasn't upsetting enough, Wednesday confides in her father and begs him not to tell her mother. Now, Gomez Addams must do something he's never done before - keep a secret from his beloved wife, Morticia. Everything will change for the whole family on the fateful night they host a dinner for Wednesday's "normal" boyfriend and his parents. Registration Requested to Senior Services.

**2nd Annual Cultural Festival at Woolsey Park:** Saturday, May 10, 11:00am—3:00pm at Woolsey Park, 221 Washington Crossing Pennington Road, Titusville.

**EXERCISE CLASSES:** Hopewell Township Municipal Building, 201 Washington Crossing Pennington Rd.

**Active Aging Exercise Class—Thursdays,** 9:00am—9:50am (in-person) AND 10:00am—10:50am (in-person and Zoom) Session dates May 1—June 19. Registration required. Fee for the class is \$25/8 week session, checks only, payable to HV Senior Foundation. To register, contact Senior Services.

**Chair Yoga—Fridays,** 1:30pm—2:15pm (FULL) and 2:30pm—3:15pm. We'll practice simple & effective Hatha Yoga asanas (postures), both seated and standing. Movements are done mindfully within each individual's capacity while making any adjustments if needed. Session 1 runs from Friday, May 30—July 25. Registration required. \$25/8 week session, cash or check payable to HT Recreation. To register contact Senior Services.

**Creative Well-Being—Tuesdays,** 1:00pm—2:00pm. This class incorporates diverse practices that engages us socially, cognitively, creatively, & physically while having fun at the same time. Engage, stay active, be supportively together, & enjoy! Session runs from Tuesday, April 8 — May 27. Fee for the class is \$25/8 week session, cash or check made payable to HT Rec. Contact Senior Services.

**Healthy Bones—Mondays and Wednesdays,** 10:30am—11:30am at Hopewell Township Municipal Building. Registration is required and paperwork must be completed to participate, contact Senior Services.

**SENIOR CENTER ACTIVITES:** HV Senior Center, 395 Reading Street, Pennington

**Lunch Program—Monday through Friday,** Lunch is served at 11:30am daily. Registration is required through Mercer County Nutrition Project, 609-989-6650. Suggested \$1 donation. Come early and socialize with fellow area seniors, have a cup of coffee or a game!

**Social Bridge—Mondays (Canceled 5/26, will play on Wednesday, May 28)** 1:30pm-4:00pm at the Hopewell Valley Senior Center. All experience levels.

**Newsletter Folding—Third Monday,** May 19, 12:00 noon at the HV Senior Center.

**Artists' Choice—Tuesdays,** 1:00pm-3:00pm at the Hopewell Valley Senior Center. Bring your supplies and create masterpieces with friends. Eva Kaplan will be leading our inspired artist group along side our advanced artists' providing the FREE Art Lessons offered the FIRST Tuesday of the month. This month's lesson, May 6th will be **Pastels, registration is requested by Friday, May 2. Supplies provided, feel free to bring your own.** Open to all, from beginners to advanced!

**Just Games—Wednesdays:** 1:00pm—3:00pm at the Hopewell Valley Senior Center. Join us as we introduce our new social program- Game Day! Gather with friends and play games!

**Knitting Club—First Wednesday,** 1:00pm—3:00pm at the Hopewell Valley Senior Center. Join fellow knitters from the area and socialize while working on your projects!

**Senior Advisory Board—Third Wednesday:** Wednesday, May 21, 2:00pm at the HV Senior Center.

**Mahjong—Thursdays,** 1:30pm—3:30pm at the Hopewell Valley Senior Center. This game keeps your brain strong and increases your hand-eye coordination. Games may be challenging, yet luck plays a big part in this social and friendly game.

## PUBLIC LIBRARY EVENTS/PROGRAMS

**HOPEWELL BOROUGH PUBLIC LIBRARY:** 13 East Broad Street, Hopewell

To register go to [redlibrary.org/events](http://redlibrary.org/events) or call 609-466-1625.

**Stitch 'n' Knit:** Tuesday, May 6, 2:00 - 4:00 pm. Come to the library to socialize and work on your current knitting projects with Nina Lane! This event can be attended in-person or virtually via Zoom.

**HPL Book Club:** Tuesday, May 6, 6:30 - 8:00 pm. This month's selection is **The Pigman** by Paul Zindel.

**Night Knitters:** Wednesday, May 14 & 28, 6:30pm—8:00pm. "We knit at night!" Join a friendly group of knitters who want to knit at night! This event can be attended in-person or virtually.

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**MERCER COUNTY LIBRARY-HOPEWELL BRANCH:** 249 Pennington Titusville Road, Pennington

To register please call 609-737-2610 or email [hopeprogs@mcl.org](mailto:hopeprogs@mcl.org)

**Canasta Meet-up:** Mondays (canceled 5/26) 10:00am - 12:00 pm. Canasta combines elements of bridge and rummy and is played with two teams of two players. It requires strategy, critical thinking, and quick decision-making. Open for players of all levels with a basic understanding of game play. Join us for fun and conversation. Registration Requested.

**Cribbage & Coffee:** **TUESDAYS, MAY 6 & 20, \*NEW DAY\*** 10:00 am. Join us at the Hopewell Branch for Cribbage & Coffee! Boards, pegs, cards and light refreshments will be provided.

**Dominoes:** Thursdays, 10:00 am Join librarian and domino enthusiast Chip McAuley for a fun and friendly game of dominoes - your favorite game. Bring your friends and settle in for an hour of fun, conversation and bones. Dominoes will be provided - though please feel free to bring your own.

**Exploring Vegetarian Cooking: Huli Huli Cauliflower Bites :** Tuesday, May 13 10:30 am. During this culinary program, we'll explore a variety of vegetarian dishes! You'll have the opportunity to taste our featured dish and leave with the recipe to inspire you at home. **Please Note:** If you have a food [allergy](#) we need to be aware of, please email [hopeprogs@mcl.org](mailto:hopeprogs@mcl.org) prior to the event. *Space is limited; please email [hopeprogs@mcl.org](mailto:hopeprogs@mcl.org) or call 609.737.2610 to register.*

**Film Screening: Rebuilding Notre Dame (2022):** Friday, May 30, 2:00 pm. In April 2019, the world watched as a devastating fire almost destroyed Paris's iconic Notre Dame Cathedral. Go behind the scenes with a team of engineers, masons and timber workers tackling the daunting challenges of restoring the historic landmark. (Directors: Jody Lubman & Alessandra Bonomolo; Running Time: 53 minutes.)

**Mahjong in the Morning:** Fridays and Saturdays, May 10 & 31, 10:00am—12:00 noon and Open for players of all levels with a basic understanding of game play. We play with the National Mah Jongg League (NMJL) 2024 card and rules. *Registration is required.*

**Monday Afternoon Book Club:** Monday, May 5, 2:00pm. All are welcome to discuss *Maame* by Jessica George. Copies are available at the Hopewell Branch circulation desk.

**Scrabble:** Wednesdays, 2:00pm. Join fellow wordsmiths for a fun and challenging game of Scrabble! *Scrabble Dictionary, Seventh Ed.* will be our ultimate arbiter.

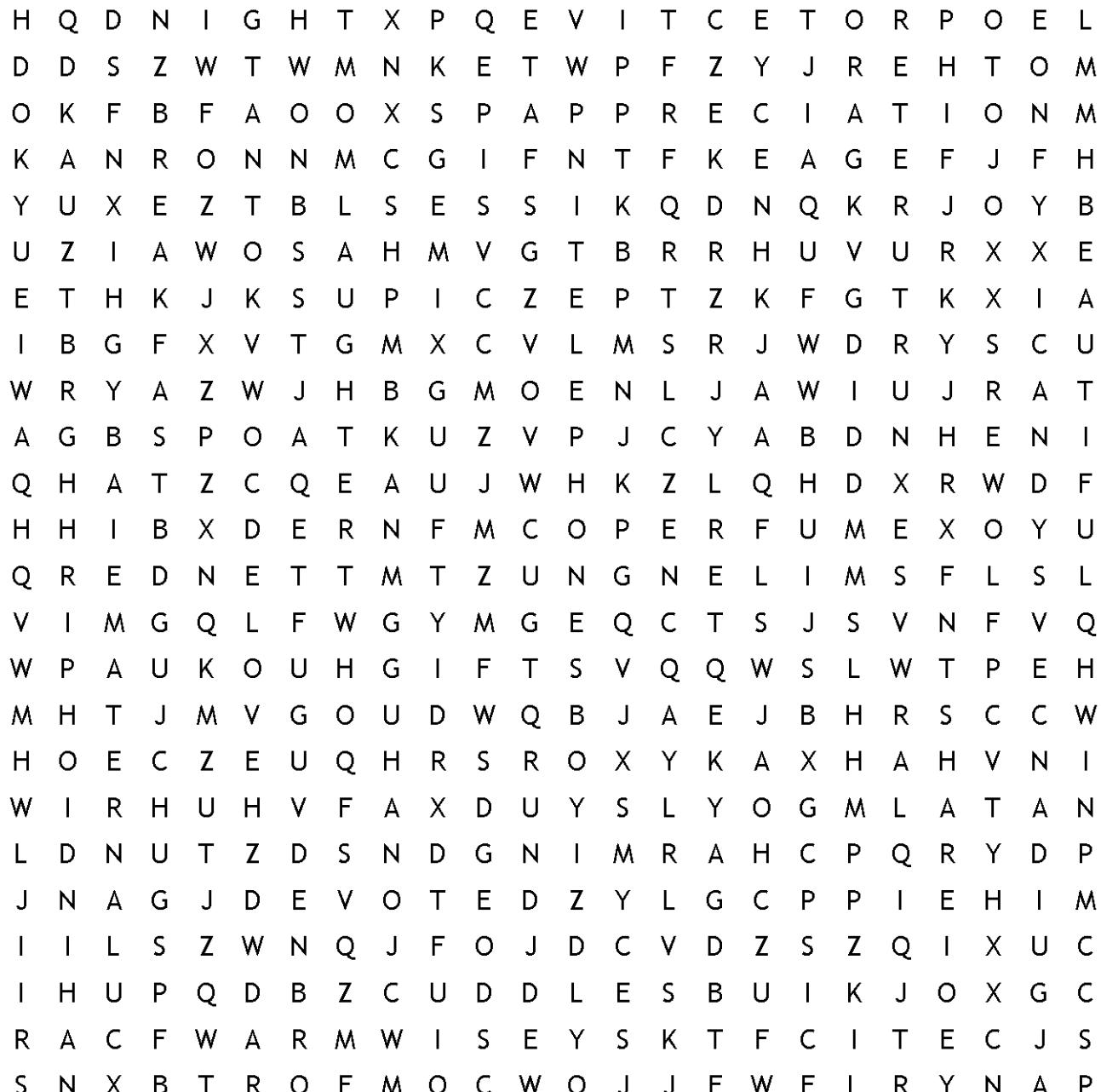
**The Short of It: Bernard Malamud** Wednesday, May 14, 2:00pm. The short story -- short in length, but full of content! Join our discussion group, which focuses on the short story. This month we'll read Malamud's stories, "Black Is My Favorite Color," The Magic Barrell," and "The First Seven Years." Copies of the stories are available at the Hopewell Branch Reference Desk.

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**PENNINGTON PUBLIC LIBRARY:** 30 North Main Street, Pennington

For all events and to register: <https://www.penningtonlibrary.org/events/>

Questions?: Phone: 609-737-0404 or email: [librarian@penningtonlibrary.org](mailto:librarian@penningtonlibrary.org)



appreciation	protective	warm wise	telephone	breakfast
beautiful	maternal	laughter	guidance	charming
curls	perfume	nurture	jewelry	flowers
devoted	comfort	tender	mother	kisses
smile	share	gifts	candy	love
hugs	mom	joy		

Hopewell Valley Senior Services  
201 Washington Crossing-Pennington Rd.  
Titusville, NJ 08560  
**RETURN SERVICE REQUESTED**

**Useful Numbers for Older Adults in Hopewell Valley**

Adult Protective Services-(609) 989-4320

Contact Reassurance (free daily calls)-(609) 737-2000

**Hopewell Twp Recreation- (609) 737-3753**

Mercer County Consumer Affairs-(609) 989-6671

Mercer County Library-Hopewell- (609) 737-2610

Mercer County Meals on Wheels: (609) 695-3483

Mercer County Nutrition Project @ HV Senior Center (609) 737-3855

Mercer County Office on Aging-(609) 989-6661

Mercer County Surrogate-(609) 989-6331

RideProvide of Greater Mercer County-(609) 452-5140

**Senior Services, Randi Malkiewicz-(609) 537-0236**

TRADE Transportation-(609) 530-1971