















January 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold. For directions to any loca-	Location Guide CH- Capital Health HTB-Hopewell Twp. Building HTPW-Hopewell Twp. Public Works HVCBS-Hopewell Valley High School HTH— Hopewell Borough Hall	HPL- Hopewell Borough Library HPC- Hopewell Presbyterian Church JPT—Jag Physical Therapy MCL-MC Library, Hopewell Branch PB-Pennington Borough Hall PPC-Pennington Presbyterian Church	1 	2 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage & Coffee (MCL) 1:30—Mahjong	3 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	4  <i>HT Rabies Clinic</i> <i>9am-12noon (HTPW)</i>
5 	6 <i>Mobile NJ MVC (MCL)</i> 10—Canasta 10:30—Healthy Bones (HTB) 1:30—Social Bridge	7 <i>Mobile NJ MVC (MCL)</i> 1—Artists' Choice & Watercolor and Tempera Lesson 1—Creative Well-Being (HTB) 2—Stitch 'n' Knit (HPL) 6:30—HPL Book Club (HPL)	8 <i>Mobile NJ MVC (MCL)</i> 10:30—Healthy Bones (HTB) 1—Just Games/Knitting Club 1:30—Qigong (HTB) 6:30—Night Knitters (HPL)	9 <i>Mobile NJ MVC (MCL)</i> 9—Active Aging (HTB) 10—Active Aging (HTB) 1:30—Mahjong 	10 <i>Mobile NJ MVC (MCL)</i> 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	11 
12 	13 10—Canasta 10:30—Healthy Bones (HTB) 1:30—Social Bridge 2—Book Club (MCL)	14  1—Artists' Choice 1—Creative Well-Being (HTB) <i>National Dress Up Your Pet Day</i>	15 10:30—Healthy Bones (HTB) 1—Just Games 1:30—Qigong (HTB) 2—Senior Advisory Board 2—The Short of It (MCL) 6:30—Speaker Series (HPC)	16 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage & Coffee (MCL) 1:30—Mahjong	17 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	18  <i>MCL Book Sale Begins</i>
19 	20 CLOSED 	21 10:30—Vegetarian Cooking (MCL) 12—Newsletter Preparation 1—Artists' Choice 1—Creative Well-Being (HTB)	22 10:30—Healthy Bones (HTB) 1—Just Games/Social Bridge 1:30—Qigong (HTB) 6:30—Night Knitters (HPL)	23 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage & Coffee (MCL) 1:30—Mahjong	24 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	25  <i>MCL Book Sale Ends</i>
26 	27 10—Canasta 10:30—Healthy Bones (HTB) 1:30—Social Bridge	28 1—Artists' Choice 1—Creative Well-Being (HTB)	29 10:30—Healthy Bones (HTB) 1—Just Games 1:30—Qigong (HTB)	30 9—Active Aging (HTB) 10—Active Aging (HTB) 1:30—Mahjong	31 10—Mahjong (MCL) 11—Senior Fair (HTB) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	