

# January 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</b></p> <p><b>For directions to any location</b></p>	<p><b>Location Guide</b></p> <p>CH- Capital Health HPC- Hopewell Presbyterian Church JPT—Jag Physical Therapy HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School PB-Pennington Borough Hall PPC-Pennington Presbyterian Church</p>	<p>HPL- Hopewell Borough Library HPC- Hopewell Presbyterian Church JPT—Jag Physical Therapy MCL-MC Library, Hopewell Branch PB-Pennington Borough Hall PPC-Pennington Presbyterian Church</p>	<p><b>1</b> <b>CLOSED</b> <b>HAPPY NEW YEAR</b></p>	<p><b>2</b> 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage &amp; Coffee (MCL) 1:30—Mahjong</p>	<p><b>3</b> 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)</p>	<p><b>4</b>  <i>HT Rabies Clinic</i> 9am-12noon (HTPW)</p>
<p><b>5</b> </p>	<p><b>6</b> <i>Mobile NJ MVC (MCL)</i> 10—Canasta 10:30—Healthy Bones (HTB) 1:30—Social Bridge</p>	<p><b>7</b> <i>Mobile NJ MVC (MCL)</i> 1—Artists' Choice &amp; Watercolor and Tempera Lesson 1—Creative Well-Being (HTB) 2—Stitch 'n' Knit (HPL) 6:30—HPL Book Club (HPL)</p>	<p><b>8</b> <i>Mobile NJ MVC (MCL)</i> 10:30—Healthy Bones (HTB) 1—Just Games/Knitting Club 1:30—Qigong (HTB) 6:30—Night Knitters (HPL)</p>	<p><b>9</b> <i>Mobile NJ MVC (MCL)</i> 9—Active Aging (HTB) 10—Active Aging (HTB) 1:30—Mahjong  </p>	<p><b>10</b> <i>Mobile NJ MVC (MCL)</i> 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)</p>	<p><b>11</b> </p>
<p><b>12</b> </p>	<p><b>13</b> 10—Canasta 10:30—Healthy Bones (HTB) 1:30—Social Bridge 2—Book Club (MCL)</p>	<p><b>14</b>  1—Artists' Choice 1—Creative Well-Being (HTB)</p>	<p><b>15</b> 10:30—Healthy Bones (HTB) 1—Just Games 1:30—Qigong (HTB) 2—Senior Advisory Board 2—The Short of It (MCL) 6:30—Speaker Series (HPC)</p>	<p><b>16</b> 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage &amp; Coffee (MCL) 1:30—Mahjong</p>	<p><b>17</b> 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)</p>	<p><b>18</b>  <i>MCL Book Sale Begins</i></p>
<p><b>19</b> </p>	<p><b>20</b> <b>CLOSED</b> </p>	<p><b>21</b> 10:30—Vegetarian Cooking (MCL) 12—Newsletter Preparation 1—Artists' Choice 1—Creative Well-Being (HTB)</p>	<p><b>22</b> 10:30—Healthy Bones (HTB) 1—Just Games/Social Bridge 1:30—Qigong (HTB) 6:30—Night Knitters (HPL)</p>	<p><b>23</b> 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage &amp; Coffee (MCL) 1:30—Mahjong</p>	<p><b>24</b> 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)</p>	<p><b>25</b>  <i>MCL Book Sale Ends</i></p>
<p><b>26</b> </p>	<p><b>27</b> 10—Canasta 10:30—Healthy Bones (HTB) 1:30—Social Bridge</p>	<p><b>28</b> 1—Artists' Choice 1—Creative Well-Being (HTB)</p>	<p><b>29</b> 10:30—Healthy Bones (HTB) 1—Just Games 1:30—Qigong (HTB)</p>	<p><b>30</b> 9—Active Aging (HTB) 10—Active Aging (HTB) 1:30—Mahjong</p>	<p><b>31</b> 10—Mahjong (MCL) 11—Senior Fair (HTB) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)</p>	