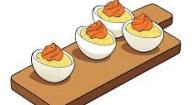


# November 2024



| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|--|---|---|--|---|--|---|
| All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.<br><br>For directions to any loca- | <u>Location Guide</u><br>CH- Capital Health<br>HTB-Hopewell Twp. Building<br>HTPW-Hopewell Twp. Public Works<br>HVCHS-Hopewell Valley High School<br>HTH— Hopewell Borough Hall | HPL- Hopewell Borough Library<br>HPC- Hopewell Presbyterian Church<br>JPT—Jag Physical Therapy<br>MCL-MC Library, Hopewell Branch<br>PB-Pennington Borough Hall<br>PPC-Pennington Presbyterian Church |  | <b>PROPERTY TAXES DUE!</b><br>         | 1<br>10—Veterans Fair (HTB)<br>10—Mahjong (MCL)<br>1:30—Chair Yoga (HTB)<br>2:30—Chair Yoga (HTB)            | 2<br><br><i>National Deviled Egg Day</i><br><br>Rabies Clinic HTPW<br>9:00am—12 noon |
| 3<br><br><b>FALL BACK</b>                                   | 4<br>10—Canasta<br>10:30—Healthy Bones (HTB)<br>1:30—Social Bridge<br>2—Book Club (MCL)   | 5<br><br>10:30—Healthy Bones (HTB)<br>1—Just Games/Knitting Club<br>1:30—Qigong (HTB)<br>2—The Short of It (MCL)  | 6<br>10:30—Healthy Bones (HTB)<br>1—Just Games/Knitting Club<br>1:30—Qigong (HTB)<br>2—The Short of It (MCL)                 | 7<br>9—Active Aging (HTB)<br>10—Active Aging (HTB)<br>10—Cribbage & Coffee (MCL)<br>1:30—Mahjong                          | 8<br>10—Mahjong (MCL)<br>1:30—Chair Yoga (HTB)<br>2:30—Chair Yoga (HTB)                                      | 9<br><br><i>Veterans Day Ceremony</i><br>Woolsey Park, 11:00am                      |
| 10<br><br><i>US Marine Corps Birthday</i>                 | 11<br><br><b>CLOSED</b>  | 12<br>1—Artists' Choice<br>1—Creative Well-Being (HTB)  | 13<br>10:30—Healthy Bones (HTB)<br>1—Just Games<br>1:30—Qigong (HTB)<br>2—The Short of It (MCL)<br>6:30—Night Knitters (HPL) | 14<br>9—Active Aging (HTB)<br>10—Active Aging (HTB)<br>10—Cribbage & Coffee (MCL)<br>1:30—Mahjong                         | 15<br>10—Mahjong (MCL)<br>1:30—Chair Yoga (HTB)<br>2:30—Chair Yoga (HTB)                                     | 16<br><br><i>National Button Day</i>   |
| 17<br><br><i>Homemade Bread Day</i>                       | 18<br>10—Canasta<br>10:30—Healthy Bones (HTB)<br>12—Newsletter Preparation<br>1:30—Social Bridge  | 19<br>10:30—Cooking with a Twist (MCL)<br>1—Artists' Choice<br>1—Creative Well-Being (HTB)  | 20<br>10:30—Healthy Bones (HTB)<br>1—Just Games<br>1:30—Qigong (HTB)<br>2—Senior Advisory Board                              | 21<br>9—Active Aging (HTB)<br>10—Active Aging (HTB)<br>10—Cribbage & Coffee (MCL)<br>1:30—Mahjong                         | 22<br>10—Mahjong (MCL)<br>1:30—Chair Yoga (HTB)<br>2—Film Screening (MCL)<br>2:30—Chair Yoga (HTB)           | 23<br><br><i>National Cashew Day</i>   |
| 24<br><br><i>National Sardines Day</i>                    | 25<br>10—Canasta<br>10:30—Healthy Bones (HTB)<br>1:30—Social Bridge   | 26<br>1—Artists' Choice<br>1—Creative Well-Being (HTB)  | 27<br>10:30—Healthy Bones (HTB)<br>1—Just Games<br>1:30—Qigong (HTB)<br>6:30—Night Knitters (HPL)                            | 28<br><br><b>Happy THANKS GIVING</b> | 29<br><br><b>CLOSED</b> | 30<br><br><i>National Mason Jar Day</i>  |