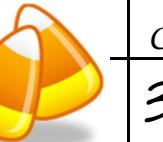


October 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold. For directions to any loca-	 NATIONAL FIRE PREVENTION MONTH OCTOBER	1 10- Long Term Care Panel (HTB) 1—Artists' Choice 1—Creative Well-Being (HTB) 2—Stitch 'n' Knit (HPL)	2 10:30—Healthy Bones (HTB) 1—Just Games/Knitting Club 1:30—Qigong (HTB)	3  Rosh Hashanah 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage & Coffee (MCL) 1:30—Mahjong	4 10—Senior Protection (HTB) 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	5  <i>Movie in the Park:</i>
6  <i>National Noodle Day</i>	7 10—Canasta 10:30—Healthy Bones (HTB) 1:30—Social Bridge	8 10—Benefits of Walking (WXSP) 1—Artists' Choice 1—Creative Well-Being (HTB)	9 Amazing Pumpkin Carve 10:30—Healthy Bones (HTB) 1—Just Games 1:30—Qigong (HTB) <i>The Outsiders Trip</i>	10 Amazing Pumpkin Carve 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage & Coffee (MCL) 1:30—Mahjong 3—Art Show (MCL)	11 Amazing Pumpkin Carve 9—Birthday Breakfast (HVGC) 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	12  <i>YOM KIPPUR</i> Amazing Pumpkin Carve
13 <i>Hopewell Borough Porch Fest</i> Amazing Pumpkin Carve	14  CLOSED <i>happy columbus day</i>	15 10:30—Cooking with a Twist (MCL) 1—Artists' Choice 1—Creative Well-Being (HTB)	16 10:30—Healthy Bones (HTB) 1—Just Games/Social Bridge 1:30—Qigong (HTB) 2—Senior Advisory Board	17 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage & Coffee (MCL) 1:30—Mahjong	18 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	19  <i>Haunted Hopewell</i> @ Woolsey Park
20  <i>Chicken & Waffles Day</i>	21 10—Canasta 10:30—Healthy Bones (HTB) 12—Newsletter Preparation 1:30—Social Bridge	22 1—Artists' Choice 1—Creative Well-Being (HTB)  <i>National Nut Day</i>	23 10:30—Healthy Bones (HTB) 1—Just Games 1:30—Qigong (HTB)	24 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage & Coffee (MCL) 1:30—Mahjong  <i>Catacombs Trip</i>	25 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2—Film Screening (MCL) 2:30—Chair Yoga (HTB)	26  <i>National Pumpkin Day</i>
27  <i>National Black Cat Day</i>	28  <i>First Responders Day</i>	29 1—Artists' Choice 1—Creative Well-Being (HTB)	30  10:30—Healthy Bones (HTB) 1—Just Games 1:30—Qigong (HTB)	31  <i>Happy Hallow- een!</i> 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage & Coffee (MCL) 1:30—Mahjong	<u>Location Guide</u> HPL- Hopewell Borough Library HPC- Hopewell Presbyterian Church HTB- Hopewell Twp. Building HTPW- Hopewell Twp. Public Works HVCHS- Hopewell Valley High School HTH- Hopewell Borough Hall	HPL- Hopewell Borough Library HPC- Hopewell Presbyterian Church JPT—Jag Physical Therapy MCL-MC Library, Hopewell Branch PB-Pennington Borough Hall PPC-Pennington Presbyterian Church