


September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  <i>American Chess Day</i>	2 CLOSED  LABOR DAY <small>THANK YOU FOR YOUR HARD WORK</small>	3 1—Artists' Choice 1—Creative Well-Being (HTB) 2—Stitch 'n' Knit (HPL)	4 10:30—Healthy Bones (HTB) 1—Just Games/Knitting Club 1:30—Qigong (HTB) 6:30—Night Knitters (HPL)	5 <i>Jersey Boys Rec Trip</i> 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage & Coffee (MCL) 1:30—Mahjong	6 10—Mahjong (MCL) 10—Flu Clinic (HTB) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	7  <i>Hummingbird Day</i>
8  HAPPY GRANDPARENTS DAY	9 10—Canasta 10:30—Healthy Bones (HTB) 1:30—Social Bridge 2—Book Club (MCL)	10 10:30—Cooking with a Twist (MCL) 1—Artists' Choice 1—Creative Well-Being (HTB)	11 10:30—Healthy Bones (HTB) 1—Just Games 1:30—Qigong (HTB)	12 <i>SENIOR PICNIC</i> 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage & Coffee (MCL) 12—SENIOR PICNIC (WXSP)	13 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2—Flu Clinic 2:30—Chair Yoga (HTB)	14  <i>Cream Filled Donut Day</i>
15  <i>Double Cheeseburger Day</i>	16 10—Canasta 10:30—Healthy Bones (HTB) 1:30—Social Bridge	17 1—Artists' Choice 1—Creative Well-Being (HTB)	18 10:30—Healthy Bones (HTB) 1—Just Games 1:30—Qigong (HTB) 2—Senior Advisory Board 6:30—Night Knitters (HPL)	19 <i>SENIOR PICNIC RAINDATE</i> 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage & Coffee (MCL) 1:30—Mahjong	20 <i>MC NUTRITION PICNIC</i> 10—Mahjong (MCL) 1:30—Chair Yoga (HTB) 2:30—Chair Yoga (HTB)	21  <i>Miniature Golf Day</i>
22  <i>Autumn Begins</i> <i>Talk and Tour: Bonsai (PB)</i>	23 10—Canasta 10:30—Healthy Bones (HTB) 12—Newsletter Preparation 1:30—Social Bridge	24 1—Artists' Choice 1—Creative Well-Being (HTB)	25 10:30—Healthy Bones (HTB) 1—Just Games 1:30—Qigong (HTB) 2—The Short of It (MCL)	26 9—Active Aging (HTB) 10—Active Aging (HTB) 10—Cribbage & Coffee (MCL) 1:30—Mahjong	27 10—Mahjong (MCL) 12:30—Gravity Hill Farm Tour 1:30—Chair Yoga (HTB) 2—Film Screening (MCL) 2:30—Chair Yoga (HTB)	28  <i>Shredding/Recycling Event</i> 9am—1pm (HTPW)
29  <i>National Coffee Day</i>	30 10—Canasta 10:30—Healthy Bones (HTB) 1:30—Social Bridge			All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold. For directions to any loca-	Location Guide CH- Capital Health HTB-Hopewell Twp. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HTH— Hopewell Borough Hall	HPL- Hopewell Borough Library HPC- Hopewell Presbyterian Church JPT—Jag Physical Therapy MCL-MC Library, Hopewell Branch PB-Pennington Borough Hall PPC-Pennington Presbyterian Church