

August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</p> <p>For directions to any location, call 609-734-2222 ext. 100.</p>	<p>Location Guide</p> <p>CH- Capital Health HPC- Hopewell Presbyterian Church HTB-Hopewell Twp. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HTH— Hopewell Borough Hall</p>	<p>HPL- Hopewell Borough Library HPC- Hopewell Presbyterian Church JPT—Jag Physical Therapy MCL-MC Library, Hopewell Branch PB-Pennington Borough Hall PPC-Pennington Presbyterian Church</p>		<p>1 9-Active Aging (HTB) 10-Active Aging (HTB) 10-Cribbage & Coffee (MCL) <i>Int'l Mahjong Day</i></p>	<p>2 10- Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>3 </p>
<p>4 </p>	<p>5 10—Canasta (MCL) 10:30-Healthy Bones (HTB) 1:30- Social Bridge</p>	<p>6 1- Artists' Choice 1-Creative Well-Being (HTB) 2- Stitch 'n' Knit (HPL)</p>	<p>7 10:30-Healthy Bones (HTB) 1-Just Games 2-The Short of It (MCL) 6:30-Night Knitters (HPL)</p>	<p><i>Always Patsy Cline</i></p>	<p>8 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong</p>	<p>9 10-Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>
<p>11 <i>Summer Olympics Closing</i> </p>	<p>12 10:30-Healthy Bones (HTB) 1:30- Social Bridge</p>	<p>13 10:30—Cooking with a Twist (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p>14 10:30-Healthy Bones (HTB) 1-Just Games 1:30-Qigong (HTB) 7:30-Movies in the Park (WP)</p>	<p>15 9-Active Aging (HTB) 10-Active Aging (HTB) 10-Cribbage & Coffee (MCL) 1:30-Mahjong</p>	<p>16 10-Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>17 </p>
<p>18 </p>	<p>19 10—Canasta (MCL) 10:30-Healthy Bones (HTB) 12—Newsletter Folding 1:30- Social Bridge</p>	<p>20 10:30—Cooking with a Twist (MCL) 1- Artists' Choice 1- Creative Well-Being</p>	<p>21 10:30-Healthy Bones (HTB) 1- Just Games 1:30-Qigong (HTB) 5:30-Concerts in the Park (WP)</p>	<p>22 9-Active Aging (HTB) 10-Active Aging (HTB) 10-Cribbage & Coffee (MCL) 1:30-Mahjong</p>	<p>23 10-Mahjong (MCL) 1-Ice Cream Social (HTB) 1:30-Chair Yoga (HTB) 2-Film Screening (MCL) 2:30-Chair Yoga (HTB)</p>	<p>24 </p>
<p>25 </p>	<p>26 10—Canasta (MCL) 10:30-Healthy Bones (HTB) 1:30- Social Bridge</p> <p><i>Last Day to register for the SENIOR PICNIC!</i></p>	<p>27 10-Cribbage & Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p>28 10:30-Healthy Bones (HTB) 1- Just Games 1:30-Qigong (HTB)</p>	<p>29 9-Active Aging (HTB) 10-Active Aging (HTB) 10-Cribbage & Coffee (MCL) 1:30-Mahjong</p>	<p>30 10-Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>31 </p>