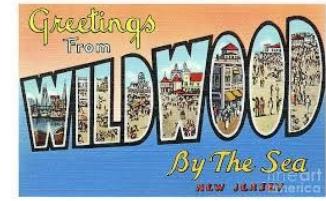
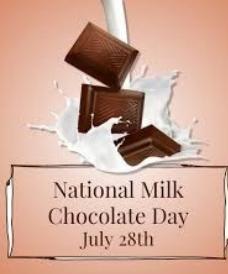




July 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold. For directions to any loca- 	1 10:30-Healthy Bones (HTB) 1:30- Social Bridge 2- Book Club (MCL) <i>Postal Worker Day</i>	2 1- Artists' Choice 1-Creative Well-Being (HTB) 2- Stitch 'n' Knit (HPL) 6:30- HPL Book Club (HPL)	3 10:30-Healthy Bones (HTB) 1- Just Games/ Knitting Club 1:30-Qigong (HTB)	4  1:00—Titusville Parade	5 10- Mahjong (MCL) 1:30-Chair Yoga (HTB)	6  <i>National Fried Chicken Day</i>
7 	8 10:30-Healthy Bones (HTB) 1:30- Social Bridge	9 1- Artists' Choice 1-Creative Well-Being (HTB) <i>Cow Appreciation Day</i> 	10 10:30-Healthy Bones (HTB) 1-Just Games 1-Learning Canasta (MCL) 1:30-Qigong (HTB) 6:30-Night Knitters (HPL) 6:30-Firehouse Feats 7:30-Movies in the Park (WP)	11 9-Active Aging (HTB) 10-Active Aging (HTB) 10-Cribbage & Coffee (MCL)	12 10-Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)	13  <i>Wildwood Trip</i>
14 	15 10—Canasta (MCL) 10:30-Healthy Bones (HTB) 12—Newsletter Folding 1:30- Social Bridge	16 10:30—Cooking with a Twist (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB) 6—Game Night (HPL)	17 10:30-Healthy Bones (HTB) 1-Just Games 1:30-Qigong (HTB) 2-Senior Advisory Board 2-The Short of It (MCL)	18 9-Active Aging (HTB) 10-Active Aging (HTB) 10-Cribbage & Coffee (MCL) 1:30-Mahjong 7:30-Exploring the Night	19 10-Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)  <i>National Moon Day</i>	20  <i>National Lollipop Day</i>
21 	22 10—Canasta (MCL) 10:30-Healthy Bones (HTB) 1:30- Social Bridge	23 1- Artists' Choice 1- Creative Well-Being (HTB)	24 10:30-Healthy Bones (HTB) 1- Just Games 1:30-Qigong (HTB) 5:30-Concerts in the Park (WP) 6:30- Night Knitters (HPL)	25 9-Active Aging (HTB) 10-Active Aging (HTB) 10-Cribbage & Coffee (MCL)	26 10-Mahjong (MCL) 1:30-Chair Yoga (HTB) 2-Film Screening (MCL) 2:30-Chair Yoga (HTB)	27  <i>National New Jersey Day</i>
28 	29 10—Canasta (MCL) 10:30-Healthy Bones (HTB) 1:30- Social Bridge	30 10-Cribbage & Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB)	31 10:30-Healthy Bones (HTB) 1- Just Games 1:30-Qigong (HTB)	<u>Location Guide</u> HPL- Hopewell Borough Library HPC- Hopewell Presbyterian Church HTB-Hopewell Twp. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HTH— Hopewell Borough Hall PPC-Pennington Presbyterian Church	HPL- Hopewell Borough Library HPC- Hopewell Presbyterian Church HTB-Hopewell Twp. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HTH— Hopewell Borough Hall PPC-Pennington Presbyterian Church	