



April 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold. For directions to any loca-	1 10:30-Healthy Bones (HTB) 1:30- Social Bridge 2- Book Club 	2 9:30- AARP Tax Aide 10-Cribbage & Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB) 2-Stitch 'n' Knit (HPL) 	3 10:30-Healthy Bones (HTB) 1- Just Games/ Knitting Club 1:30-Qigong (HTB) 	4 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong 	5 10-Community Connections (HBH) 10- Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB) 	6  California Poppy Day
7  National Coffee Cake Day	8 10:30-Healthy Bones (HTB) 1:30- Social Bridge  Zoo Lover's Day	9 9:30- AARP Tax Aide 10-Cribbage & Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB) 	10 10:30-Healthy Bones (HTB) 1-Just Games 1:30-Qigong (HTB) 2-The Short of It (MCL) 	11 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong 	12 9-Birthday Breakfast (HVGC) 10-Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB) 	13  National SCRABBLE DAY Clean Sweep Clean-up Day 9:00am—noon
14  National Dolphin Day	15 10:30-Healthy Bones (HTB) 12—Newsletter Folding 1:30- Social Bridge 	16 10-Cribbage & Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB) 6—Game Night (HPL) 	17 10—Adult Craft (MCL) 10:30-Healthy Bones (HTB) 1-Just Games 1:30-Qigong (HTB) 2-Senior Advisory Board 6:30- Night Knitters (HPL) 	18 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong 	19 10-Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB) 	20  VOLUNTEER RECOGNITION DAY
21  National Tea Day	22 10:30-Healthy Bones (HTB) 1:30- Social Bridge  HAPPY EARTH DAY	23 10- Cribbage & Coffee (MCL) 1- Artists' Choice 1- Creative Well-Being (HTB)  HAPPY PASSOVER 	24 10:30-Healthy Bones (HTB) 1- Just Games 1:30-Qigong (HTB)  HAPPY PASSOVER 	25 9-Active Aging (HTB) 10-Active Aging (HTB) 11-Osteoporosis (JPT)  HAPPY PASSOVER 	26 10- Mahjong (MCL) 1:30-Chair Yoga (HTB) 2-Film Screening (MCL) 2:30-Chair Yoga (HTB)  HAPPY PASSOVER 	27  National Herb Day Electronics/ Shredding Event
28  International Astronomy Day	29 10:30-Healthy Bones (HTB) 1:30- Social Bridge  HAPPY EARTH DAY	30 10-Cribbage & Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB)  HAPPY EARTH DAY	 APRIL SHOWERS		Location Guide CH- Capital Health HTB-Hopewell Twp. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HTH— Hopewell Borough Hall	HPL- Hopewell Borough Library HTS- Hopewell Train Station HPC- Hopewell Presbyterian Church JPT—Jag Physical Therapy MCL-MC Library, Hopewell Branch PB-Pennington Borough Hall