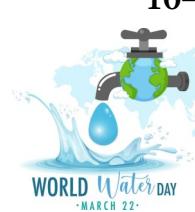


March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</p> <p>For directions to any location, call 609-734-2200 ext. 100.</p>	<p>Location Guide</p> <p>CH- Capital Health HTS- Hopewell Train Station HPC- Hopewell Presbyterian Church HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HPL- Hopewell Borough Library</p>	<p>HT— Hopewell Theatre HTS- Hopewell Train Station HPC- Hopewell Presbyterian Church MCL-MC Library, Hopewell Branch JOPT- Jag One Physical Therapy PB-Pennington Borough Hall</p>		<p>1</p> <p>10- Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>2</p>  <p>Banana Cream Pie Day</p>	
<p>3</p> 	<p>4</p> <p>10:30-Healthy Bones (HTB) 1:30- Social Bridge 2- Book Club (MCL)</p>	<p>5</p> <p>9:30- AARP Tax Aide 10-Cribbage & Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB) 2-Stitch 'n' Knit (HPL)</p>	<p>6</p> <p>10:30-Healthy Bones (HTB) 1- Just Games/ Knitting Club 1:30-Qigong (HTB) 6:30- Night Knitters</p>	<p>7</p> <p>9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong</p> 	<p>8</p> <p>10- Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>9</p> 
<p>10</p> 	<p>11</p> <p>10:30-Healthy Bones (HTB) 1:30- Social Bridge</p> <p>Ramadan Begins</p> 	<p>12</p> <p>9:30- AARP Tax Aide 10-Cribbage & Coffee (MCL) 1- Artists' Choice 1-Fun with Fabric (MCL) 1-Creative Well-Being (HTB)</p>	<p>13</p> <p>10:30-Healthy Bones (HTB) 1-Just Games 1:30-Qigong</p>	<p>14</p> <p>9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong</p> 	<p>15</p> <p>10- Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>16</p>  <p>National Panda Day</p>
<p>17</p>  <p>St. Patrick's Day</p>	<p>18</p> <p>10:30-Healthy Bones (HTB) 12—Newsletter Folding 1:30- Social Bridge</p>	<p>19</p> <p>9:30- AARP Tax Aide 10- Cribbage & Coffee (MCL) 1- Artists' Choice 1- Creative Well-Being (HTB)</p>	<p>20</p> <p>10:30-Healthy Bones (HTB) 1-Just Games 1:30-Qigong (HTB) 2-Senior Advisory Board 6:30- Night Knitters</p>	<p>21</p> <p>9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong</p>	<p>22</p>  <p>10- Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>23</p>  <p>National Puppy Day</p>
<p>24</p> 	<p>25</p> <p>10:30-Healthy Bones (HTB) 1:30- Social Bridge</p>	<p>26</p> <p>9:30- AARP Tax Aide 10-Cribbage & Coffee (MCL) 12- Better Breathers (CH) 1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p>27</p> <p>10:30-Healthy Bones (HTB) 1- Just Games 1:30-Qigong (HTB) 2-Seven Stages of Dementia (MCL)</p>	<p>28</p> <p>9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong</p>	<p>29</p> <p>CLOSED</p>  <p>GOOD FRIDAY</p>	<p>30</p>  <p>Take a Walk in the Park Day</p>
<p>31</p> 						