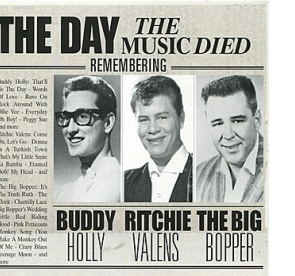









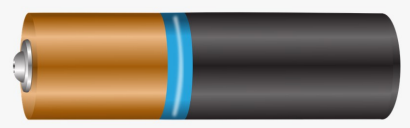





# February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</p> <p>For directions to any location, call 609-537-0236.</p>				<p>1</p> <p>9-Active Aging (HTB)</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjong</p>	<p>2</p> <p>10- Mahjong (MCL)</p> <p>1:30-Chair Yoga (HTB)</p> <p>2:30-Chair Yoga (HTB)</p>	<p>3</p> 
<p>4</p>  <p>Homemade Soup Day</p>	<p>5</p> <p>10:30-Healthy Bones (HTB)</p> <p>1:30- Social Bridge</p> <p>2- Book Club (MCL)</p> <p>6:30-African Americans of Central Jersey (MCL)</p>	<p>6</p> <p>10-Cribbage &amp; Coffee (MCL)</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p> <p>2-Stitch 'n' Knit (HPL)</p> <p>6:30-HPL Book Club (HPL)</p>	<p>7</p> <p>10:30-Healthy Bones (HTB)</p> <p>1- Just Games</p> <p>1:30-Qigong (HTB)</p> <p>6:30- Night Knitters</p> <p>6:45-Speaker Series (HPC)</p>	<p>8</p> <p>9-Active Aging (HTB)</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjong</p> <p>Hot Toddy Day</p> 	<p>9</p> <p>1:30-Chair Yoga (HTB)</p> <p>2:30-Chair Yoga (HTB)</p>	<p>10</p>  <p>Chinese/Lunar New Year</p>
<p>11</p> 	<p>12</p> <p><b>CLOSED</b></p> 	<p>13</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Bei</p> 	<p>14</p> <p>10:30-Healthy Bones (HTB)</p> <p>1-Just Games/Social Bridge</p> <p>1:30-Qigong</p> <p>2-The Short of It</p> <p>Valentine's Day/Ash Wednesday</p> 	<p>15</p> <p>9-Active Aging (HTB)</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjong</p>	<p>16</p> <p>10- Mahjong (MCL)</p> <p>1:30-Chair Yoga (HTB)</p> <p>2:30-Chair Yoga (HTB)</p> <p>Caregivers Day</p> 	<p>17</p> <p>random act of kindness</p> 
<p>18</p>  <p>National Battery Day</p>	<p>19</p> <p><b>CLOSED</b></p> 	<p>20</p> <p>10- Cribbage &amp; Coffee (MCL)</p> <p>12—Newsletter Folding</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p>	<p>21</p> <p>10:30-Healthy Bones (HTB)</p> <p>1-Just Games/Social Bridge</p> <p>1:30-Qigong (HTB)</p> <p>2-Senior Advisory Board</p> <p>6:30- Night Knitters</p>	<p>22</p> <p>9-Active Aging (HTB)</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjong</p>	<p>23</p> <p>1:30-Chair Yoga (HTB)</p> <p>2:30-Chair Yoga (HTB)</p>	<p>24</p>  <p>NATIONAL TORTILLA CHIP DAY</p>
<p>25</p>  <p>Clam Chowder Day</p>	<p>26</p> <p>10:30-Healthy Bones (HTB)</p> <p>1:30- Social Bridge</p>	<p>27</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p>	<p>28</p> <p>10:30-Healthy Bones (HTB)</p> <p>1- Just Games</p> <p>1:30-Qigong (HTB)</p>	<p>29</p> <p>9-Active Aging (HTB)</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjong</p>	<p><b>Location Guide</b></p> <p>HTS- Hopewell Train Station</p> <p>HTB-Hopewell Twp. Building</p> <p>HTPW-Hopewell Twp. Public Works</p> <p>HVCHS-Hopewell Valley High School</p> <p>HPL- Hopewell Borough Library</p> <p>HT— Hopewell Theatre</p> <p>HPC- Hopewell Presbyterian Church</p> <p>HPG- Hopewell Park Gazebo</p> <p>MCL-MC Library, Hopewell Branch</p> <p>JOPT- Jag One Physical Therapy</p> <p>PB-Pennington Borough Hall</p>	