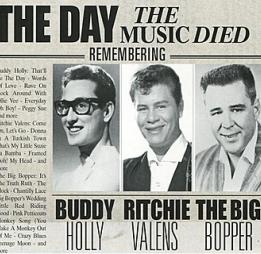
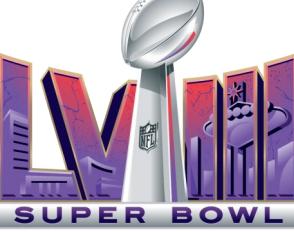
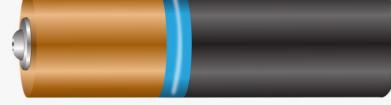


February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold. For directions to any location, call 609-537-0236.				1 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong	2 10- Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)	3  THE DAY THE MUSIC DIED REMEMBERING Buddy Holly, Ritchie Valens, and The Big Bopper
4  Homemade Soup Day	5 10:30-Healthy Bones (HTB) 1:30- Social Bridge 2- Book Club (MCL) 6:30-African Americans of Central Jersey (MCL)	6 10-Cribbage & Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB) 2-Stitch 'n' Knit (HPL) 6:30-HPL Book Club (HPL)	7 10:30-Healthy Bones (HTB) 1- Just Games 1:30-Qigong (HTB) 6:30- Night Knitters 6:45-Speaker Series (HPC)	8 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong  Hot Toddy Day	9 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)	10  Chinese/Lunar New Year
11 	12 CLOSED 	13 1- Artists' Choice 1-Creative Well-Bei 	14 10:30-Healthy Bones (HTB) 1-Just Games/Social Bridge 1:30-Qigong 2-The Short of It 	15 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong	16 10- Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)  Caregivers Day	17 
18 	19 CLOSED 	20 10- Cribbage & Coffee (MCL) 12—Newsletter Folding 1- Artists' Choice 1-Creative Well-Being (HTB)	21 10:30-Healthy Bones (HTB) 1-Just Games/Social Bridge 1:30-Qigong (HTB) 2-Senior Advisory Board 6:30- Night Knitters	22 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong	23 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)	24  National Tortilla Chip Day
25 	26 10:30-Healthy Bones (HTB) 1:30- Social Bridge	27 1- Artists' Choice 1-Creative Well-Being (HTB)	28 10:30-Healthy Bones (HTB) 1- Just Games 1:30-Qigong (HTB)	29 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong	Location Guide HTB-Hopewell Twp. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HPL- Hopewell Borough Library HT— Hopewell Theatre	HTS- Hopewell Train Station HPC- Hopewell Presbyterian Church HPG- Hopewell Park Gazebo MCL-MC Library, Hopewell Branch JOPT- Jag One Physical Therapy PB-Pennington Borough Hall