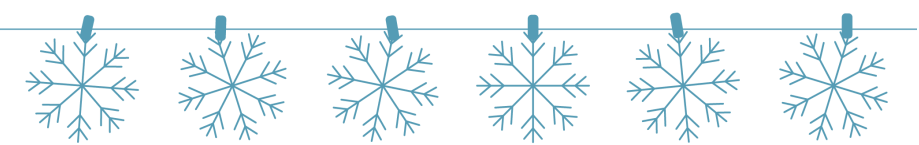






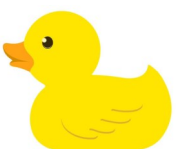
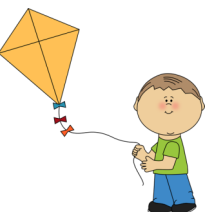







January 2024



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|--|--|
| All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold. For directions to any loca- | 1 CLOSED  | 2 1- Artists' Choice 1-Creative Well-Being (HTB) 2-Stitch 'n' Knit (HPL) 7--HPL Book Club (HPL) | 3 10:30-Healthy Bones (HTB) 1- Just Games 1:30-Qigong (HTB) | 4 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong | 5 10- Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga  | 6  HT Rabies Clinic 9am-12noon (HTPW) |
| 7  National Bobblehead Day | 8 10:30-Healthy Bones (HTB) 1:30- Social Bridge | 9 10-Cribbage & Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB)  | 10 10:30-Healthy Bones (HTB) 1- Just Games 1:30-Qigong (HTB) | 11 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong  Hot Toddy Day | 12 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB) | 13 MCL Book Sale  National Rubber Ducky Day |
| 14  International Kite Day | 15 CLOSED  | 16 1- Artists' Choice 1-Creative Well-Being (HTB) | 17 10:30-Healthy Bones (HTB) 1-Just Games 1:30-Qigong (HTB) 2- Senior Advisory Board 2-The Short of It (MCL) 7-Speaker Series (HPC) | 18 9-Active Aging (HTB) 10-Active Aging (HTB) 1-Book Signing (HPC) 1:30-Mahjong | 19 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB) | 20 MCL Book Sale Ends  Penguin Awareness Day |
| 21  National Cheesy Sock Day | 22 10:30-Healthy Bones (HTB) 1:30- Social Bridge | 23 10- Cribbage & Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB) | 24 10:30-Healthy Bones (HTB) 1-Just Games 1:30- Qigong (HTB) 2- Senior Advisory Board | 25 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong | 26 10- Mahjong (MCL) 11-Senior Fair (HTB) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB) | 27  NATIONAL CHOCOLATE CAKE DAY |
| 28  Blueberry Pancake Day | 29 10:30-Healthy Bones (HTB) 1:30- Social Bridge | 30 1- Artists' Choice 1-Creative Well-Being (HTB) | 31 10:30-Healthy Bones (HTB) 1- Just Games 1:30-Qigong (HTB) | | Location Guide HTB-Hopewell Twp. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HPL- Hopewell Borough Library HT— Hopewell Theatre | HTS- Hopewell Train Station HPC- Hopewell Presbyterian Church HPG- Hopewell Park Gazebo MCL-MC Library, Hopewell Branch JOPT- Jag One Physical Therapy PB-Pennington Borough Hall |