

# December 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</b></p> <p>For directions to any loca-</p>	<p><b>Location Guide</b></p> <p>HTS- Hopewell Train Station HTB-Hopewell Twp. Building HPC- Hopewell Presbyterian Church HTPW-Hopewell Twp. Public Works HPG- Hopewell Park Gazebo HVCHS-Hopewell Valley High School MCL-MC Library, Hopewell Branch HPL- Hopewell Borough Library JOPT- Jag One Physical Therapy PB-Pennington Borough Hall</p>				<p>1 10-Memory Screenings (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB) <i>Pennington Holiday Walk</i></p>	<p>2  <b>NATIONAL FRITTERS DAY</b> <small>DECEMBER 2</small></p>
<p>3  <b>HPL Open House</b></p>	<p>4 10:30-Healthy Bones (HTB) 1:30- Social Bridge   <i>Int'l Cheetah Day</i></p>	<p>5 10-Cribbage &amp; Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB) 2-Stitch 'n' Knit (HPL) 7--HPL Book Club (HPL)</p>	<p>6 10:30-Healthy Bones (HTB) 1- Just Games 1:30-Qigong (HTB)  <i>Radio City Christmas Trip</i></p>	<p>7 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong  <i>Harbor Harbor</i></p>	<p>8 10- Mahjong (MCL) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)  <i>Hanukkah</i></p>	<p>9  <b>NATIONAL PASTRY DAY</b> <small>DECEMBER 9</small></p>
<p>10  <b>NOBEL PRIZE DAY DECEMBER 10</b></p>	<p>11 10:30-Healthy Bones (HTB) 1:30- Social Bridge</p>	<p>12 1- Artists' Choice 1-Creative Well-Being (HTB)   <i>Poinsettia Day</i></p>	<p>13 10:30-Healthy Bones (HTB) 1-Just Games 1:30-Qigong (HTB)  <i>First Noel Trip</i></p>	<p>14 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong</p>	<p>15 10- Mahjong (MCL) <b>YOGA CANCELED!</b>  <i>National Ugly Sweater Day</i></p>	<p>16  <b>WRIGHT BROTHERS DAY DECEMBER 17</b></p>
<p>17  <b>NYC Holiday Trip</b></p>	<p>18 10:30-Healthy Bones (HTB) 12- Newsletter Folding 1:30- Social Bridge</p>	<p>19 10- Cribbage &amp; Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p>20 10:30-Healthy Bones (HTB) 1-Just Games 1:30- Qigong (HTB) 2- Senior Advisory Board</p>	<p>21 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong  <i>Winter Solstice</i></p>	<p>22 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>23  <b>FESTIVUS FOR THE REST OF US</b></p>
<p>24  <b>Christmas Eve</b></p>	<p>25 <b>CLOSED</b>  <b>MERRY CHRISTMAS</b></p>	<p>26 <b>CLOSED</b>   <i>National Candy Cane Day</i></p>	<p>27 10:30-Healthy Bones (HTB) 1- Just Games 1:30-Qigong (HTB)</p>	<p>28 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong</p>	<p>29 1- End of Year Celebration 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>30  <b>HAPPY BACON DAY</b></p>
<p>31  <b>31</b></p>						