





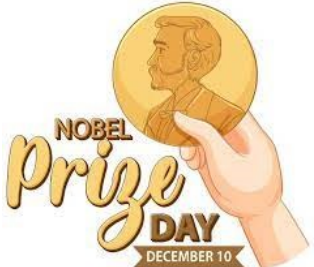




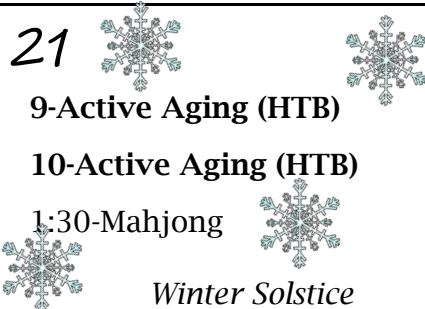








December 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</p> <p>For directions to any loca-</p>	<p>Location Guide</p> <p>HTB-Hopewell Twp. Building</p> <p>HTPW-Hopewell Twp. Public Works</p> <p>HVCHS-Hopewell Valley High School</p> <p>HPL- Hopewell Borough Library</p> <p>HT— Hopewell Theatre</p>	<p>HTS- Hopewell Train Station</p> <p>HPC- Hopewell Presbyterian Church</p> <p>HPG- Hopewell Park Gazebo</p> <p>MCL-MC Library, Hopewell Branch</p> <p>JOPT- Jag One Physical Therapy</p> <p>PB-Pennington Borough Hall</p>			<p>1</p> <p>10-Memory Screenings (MCL)</p> <p>1:30-Chair Yoga (HTB)</p> <p>2:30-Chair Yoga (HTB)</p> <p><i>Pennington Holiday Walk</i></p>	<p>2</p>  <p>NATIONAL FRITTERS DAY</p>
<p>3</p>  <p>HPL Open House</p>	<p>4</p> <p>10:30-Healthy Bones (HTB)</p> <p>1:30- Social Bridge</p>  <p>Int'l Cheetah Day</p>	<p>5</p> <p>10-Cribbage & Coffee (MCL)</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p> <p>2-Stitch 'n' Knit (HPL)</p> <p>7--HPL Book Club (HPL)</p>	<p>6</p> <p>10:30-Healthy Bones (HTB)</p> <p>1- Just Games</p> <p>1:30-Qigong (HTB)</p> <p><i>Radio City Christmas Trip</i></p>	<p>7</p> <p>9-Active Aging (HTB)</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjong</p> 	<p>8</p> <p>10- Mahjong (MCL)</p> <p>1:30-Chair Yoga (HTB)</p> <p>2:30-Chair Yoga (HTB)</p> <p><i>Hanukkah</i></p> 	<p>9</p>  <p>NATIONAL PASTRY DAY</p>
<p>10</p>  <p>NOBEL Prize DAY</p>	<p>11</p> <p>10:30-Healthy Bones (HTB)</p> <p>1:30- Social Bridge</p>	<p>12</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p>  <p>Poinsettia Day</p>	<p>13</p> <p>10:30-Healthy Bones (HTB)</p> <p>1-Just Games</p> <p>1:30-Qigong (HTB)</p> <p><i>First Noel Trip</i></p>	<p>14</p> <p>9-Active Aging (HTB)</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjong</p>	<p>15</p> <p>10- Mahjong (MCL)</p> <p>YOGA CANCELED!</p>  <p>National Ugly Sweater Day</p>	<p>16</p>  <p>DECEMBER 17 WRIGHT BROTHERS DAY</p>
<p>17</p>  <p>NYC Holiday Trip</p>	<p>18</p> <p>10:30-Healthy Bones (HTB)</p> <p>12- Newsletter Folding</p> <p>1:30- Social Bridge</p>	<p>19</p> <p>10- Cribbage & Coffee (MCL)</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p>	<p>20</p> <p>10:30-Healthy Bones (HTB)</p> <p>1-Just Games</p> <p>1:30- Qigong (HTB)</p> <p>2- Senior Advisory Board</p>	<p>21</p>  <p>9-Active Aging (HTB)</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjong</p> <p>Winter Solstice</p>	<p>22</p> <p>1:30-Chair Yoga (HTB)</p> <p>2:30-Chair Yoga (HTB)</p>	<p>23</p>  <p>FESTIVUS FOR THE REST OF US</p>
<p>24</p>  <p>CHRISTMAS EVE</p> <p>31</p> 	<p>25 CLOSED</p> <p>MERRY CHRISTMAS</p> 	<p>26 CLOSED</p>  <p>HAPPY Kwanzaa</p> <p><i>National Candy Cane Day</i></p>	<p>27</p> <p>10:30-Healthy Bones (HTB)</p> <p>1- Just Games</p> <p>1:30-Qigong (HTB)</p>	<p>28</p> <p>9-Active Aging (HTB)</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjong</p>	<p>29</p> <p>1- End of Year Celebration</p> <p>1:30-Chair Yoga (HTB)</p> <p>2:30-Chair Yoga (HTB)</p>	<p>30</p>  <p>HAPPY Bacon DAY</p>