
















November 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</p> <p>For directions to any loca-</p>	<p><u>Location Guide</u></p> <p>HTB-Hopewell Twp. Building</p> <p>HTPW-Hopewell Twp. Public Works</p> <p>HVCHS-Hopewell Valley High School</p> <p>HPL- Hopewell Borough Library</p> <p>HT— Hopewell Theatre</p>	<p>HTS- Hopewell Train Station</p> <p>HPC- Hopewell Presbyterian Church</p> <p>HPG- Hopewell Park Gazebo</p> <p>MCL-MC Library, Hopewell Branch</p> <p>JOPT- Jag One Physical Therapy</p> <p>PB-Pennington Borough Hall</p>	<p>1</p> <p>10:30-Healthy Bones (HTB)</p> <p>1-Play Preview (HVCCHS)</p> <p>1-Knitting/ Just Games</p> <p>1:30-Qigong (HTB)</p>	<p>2</p> <p>9-Active Aging (HTB)</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjong</p>	<p>3</p> <p>10- T'ai Chi (HTB)</p> <p>10- Mahjong (MCL)</p> <p>1:30-Chair Yoga (HTB)</p> <p>2:30-Chair Yoga (HTB)</p> <p>World Jellyfish Day</p>	<p>4</p> <p>Veterans Day Ceremony</p> <p>11:00am Woolsey Park</p>
<p>5</p> <p>FALL BACK</p> <p>Daylight Savings Time Ends</p> 	<p>6</p> <p>10:30-Healthy Bones (HTB)</p> <p>1:30- Social Bridge</p> <p>2- Book Group (MCL)</p> <p>National Nachos Day</p>	<p>7</p> <p>VOTE!</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p> <p>2-Stitch 'n' Knit (HPL)</p> <p>6:30-HPL Book Club (HPL)</p>	<p>8</p> <p>10:30-Healthy Bones (HTB)</p> <p>1- Just Games</p> <p>1:30-Qigong (HTB)</p> <p>2-Caregiver Support (MCL)</p> <p>7-Speaker Series (HPC)</p>	<p>9</p> <p>9-Active Aging (HTB)</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjong</p>	<p>10 CLOSED:</p> 	<p>11</p> 
<p>12</p>  <p>National French Dip Day</p>	<p>13</p> <p>10:30-Healthy Bones (HTB)</p> <p>1:30- Social Bridge</p>  <p>Caregiver Appreciation Day</p>	<p>14</p> <p>10- Cribbage & Coffee (MCL)</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p>	<p>15</p> <p>10:30-Healthy Bones (HTB)</p> <p>1-Just Games</p> <p>1:30-Qigong (HTB)</p> <p>2- Senior Advisory Board</p>	<p>16</p> <p>9-Active Aging (HTB)</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjong</p> <p>World Pancreatic Cancer Day</p> 	<p>17</p> <p>10- T'ai Chi (HTB)</p> <p>10- Mahjong (MCL)</p> <p>1:30-Chair Yoga (HTB)</p> <p>2:30-Chair Yoga (HTB)</p> <p>Festival of Trees & Peddlers Village Trip</p>	<p>18</p>  <p>Mickey Mouse Birthday</p>
<p>19</p>  <p>National Play Monopoly Day</p>	<p>20</p> <p>10:30-Healthy Bones (HTB)</p> <p>12- Newsletter Folding</p> <p>1:30- Social Bridge</p>	<p>21</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p>  <p>National Stuffing Day</p>	<p>22</p> <p>10:30-Healthy Bones (HTB)</p> <p>1-Just Games</p> <p>1:30- Qigong (HTB)</p>	<p>23</p> <p>HAPPY THANKSGIVING</p> 	<p>24</p> 	<p>25</p> 
<p>26</p>  <p>National Cake Day</p>	<p>27</p> <p>10:30-Healthy Bones (HTB)</p> <p>1:30- Social Bridge</p>	<p>28</p> <p>10- Cribbage & Coffee (MCL)</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p>	<p>29</p> <p>10:30-Healthy Bones (HTB)</p> <p>11-Osteoporis (Jag-One)</p> <p>1- Just Games</p> <p>1:30-Qigong (HTB)</p> <p>2-The Short of It (MCL)</p>	<p>30</p> <p>9-Active Aging (HTB)</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjong</p> <p>Doo-Wop Christmas Trip</p>		