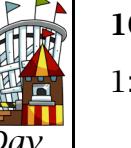
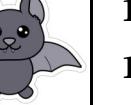




August 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</p> <p>For directions to any location, call 609-734-2222.</p>		<p>1 10-Cribbage & Coffee (MCL) 1- Artists' Choice <i>National Mah Jongg Day</i> </p>	<p>2 10:30-Healthy Bones (HTB) 1- Knitting Club 1:30-Qigong (HTB)</p>	<p>3 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong <i>National Watermelon Day</i> </p>	<p>4 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>5  <i>National Mustard Day</i></p>
<p>6  <i>Root Beer Float Day</i></p>	<p>7 10:30-Healthy Bones (HTB) 1:30- Social Bridge  <i>National Lighthouse Day</i></p>	<p>8 1- Artists' Choice 1-Creative Well-Being (HTB) 7- HPL Book Club (HPL)</p>	<p>9 10:30-Healthy Bones (HTB) 1:30-Qigong (HTB) 2- Caregivers Support Group (MCL) 8:30- Movies in the Park (WP)</p>	<p>10 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong 2- The Short of It (MCL)</p>	<p>11 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>12  <i>National Vinyl Record Day</i></p>
<p>13  <i>HAPPY LEFT HANDERS DAY</i></p>	<p>14 10:30-Healthy Bones (HTB) 1:30- Social Bridge 2- Book Group (MCL)</p>	<p>15 1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p>16 10:30-Healthy Bones (HTB) 1:30-Qigong (HTB)  <i>National Roller Coaster Day</i></p>	<p>17 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong</p>	<p>18 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>19 10- Hidden Gardens Tour (HPL)  <i>Honey Bee Awareness Day</i></p>
<p>20  <i>World Mosquito Day</i></p>	<p>21 10:30-Healthy Bones (HTB) 1:30- Ice Cream Social (HTB) 1:30- Social Bridge  <i>Senior Citizen's Day</i></p>	<p>22 1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p>23 10:30-Healthy Bones (HTB) 1:30- Qigong (HTB) 6:30-Concerts in the Park (WP)</p>	<p>24 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong  <i>National Waffle Day</i></p>	<p>25 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>26  <i>NATIONAL DOG DAY</i></p>
<p>27  <i>Happy Just Because Day!</i></p>	<p>28 10:30-Healthy Bones (HTB) 1:30- Social Bridge</p>	<p>29 1- Artists' Choice 1-Creative Well-Being (HTB) <i>International Bat Night</i> </p>	<p>30 10- Craftastic Adults (MCL) 10:30-Healthy Bones (HTB) 1:30-Qigong (HTB)</p>	<p>31 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong <i>World Daffodil Day</i> </p>	<p>Location Guide</p> <p>HT— Hopewell Theatre HTB— Hopewell Twp. Building HTPW— Hopewell Twp. Public Works HVCHS— Hopewell Valley High School HPL— Hopewell Borough Library</p>	<p>HT— Hopewell Theatre HTS— Hopewell Train Station MCL— MC Library, Hopewell Branch PB— Pennington Borough Hall PPC— Pennington Presbyterian Church</p>