



July 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</p> <p>For directions to any location, call 609-734-2200 ext. 100.</p>	<p>Location Guide</p> <p>HTB-Hopewell Twp. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HPL- Hopewell Borough Library HT— Hopewell Theatre</p>	<p>HTS- Hopewell Train Station MCL-MC Library, Hopewell Branch PB-Pennington Borough Hall PPC-Pennington Presbyterian Church WP - Woolsey Park WXSP-Washington Xing State Park</p>				<p>1 </p> <p>National Postage Stamp Day</p>
<p>2 </p> <p>National Wildland Fire Day</p>	<p>3 10:30-Healthy Bones (HTB) 1:30- Social Bridge</p>	<p>4 </p> <p>CLOSED 4th of July Titusville Parade</p>	<p>5 10:30-Healthy Bones (HTB) 1- Knitting Club 1:30-Qigong (HTB) 1:30-Learn to Play Mah Jongg (MCL)</p>	<p>6 9-Active Aging (HTB) 10-Active Aging (HTB)</p>	<p>7 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>8 </p> <p>Wildwood Family Day Trip</p>
<p>9 </p> <p>NATIONAL SUGAR COOKIE DAY</p>	<p>10 10:30-Healthy Bones (HTB) 1:30- Social Bridge 2- Book Group (MCL)</p>	<p>11 10-Cribbage & Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p>12 10:30-Healthy Bones (HTB) 1:30-Qigong (HTB) 1:30-Learn to Play Mah Jongg (MCL) 8:30- Movies in the Park</p>	<p>13 9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong</p>	<p>14 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>15 </p> <p>National French Fry Day</p>
<p>16 </p> <p>Happy National Ice Cream Day</p>	<p>17 10:30-Healthy Bones (HTB) 12-Newsletter Folding</p>	<p>18 10-Cribbage & Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p>19 10:30-Healthy Bones (HTB) 1:30- Qigong (HTB) 1:30-Learn to Play Mah Jongg (MCL) 2-Senior Advisory Board</p>	<p>20 9-Active Aging (HTB) 10-Active Aging (HTB)</p>	<p>21 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>22 </p> <p>National Hammock Day</p>
<p>23/30 </p> <p>(30) National Cheesecake Day</p>	<p>24/31 10:30-Healthy Bones (HTB) 1:30- Social Bridge</p>	<p>25 10-Cribbage & Coffee (MCL) 1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p>26 10:30-Healthy Bones (HTB) 1:30-Qigong (HTB) 1:30 Social Bridge 1:30-Learn to Play Mah Jongg (MCL) 6:30-Concerts in the Park (WP)</p>	<p>27 9-Active Aging (HTB) 10-Active Aging (HTB)</p>	<p>28 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>29 </p> <p>NATIONAL LASAGNA DAY July 29</p>