



















# June 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the <b>Hopewell Valley Senior Center, 395 Reading St., Pennington</b> unless marked in bold.</p> <p>For directions to any loca-</p>	<p><u>Location Guide</u></p> <p>HTB-Hopewell Twp. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HBL- Hopewell Borough Library HT— Hopewell Theatre</p>	<p>MCL-MC Library, Hopewell Branch PB-Pennington Borough Hall PPC-Pennington Presbyterian Church WP - Woolsey Park WXSP-Washington Xing State Park</p>		<p>1</p> <p>9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong</p>	<p>2</p> <p>10-T'ai Chi (HTB) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p> <p>National Donut Day </p>	<p>3</p>
<p>4</p>  <p>National Cheese Day</p>	<p>5</p> <p>10:30-Healthy Bones (HTB) 1:30- Social Bridge 2- Book Group (MCL) 2-CPR Training (HTB)</p>	<p>6 Senior Center Closed</p> <p>Primary Election Day</p> <p>1-Creative Well-Being (HTB)</p> 	<p>7</p> <p>10:30-Healthy Bones (HTB) 1- Knitting Club 1:30-Qigong (HTB)</p>	<p>8</p> <p>9-Active Aging (HTB) 10-Active Aging (HTB)</p> 	<p>9</p> <p>10-T'ai Chi (HTB) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>	<p>10</p>  <p>National Iced Tea Day</p>
<p>11</p>	<p>12</p> <p>10:30-Healthy Bones (HTB) 1:30- Social Bridge</p>  <p>National Red Rose Day</p>	<p>13</p> <p>1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p>14</p> <p>10:30-Healthy Bones (HTB) 1:30-Qigong (HTB) 2- The Short of It (MCL)</p> <p>Flag Day </p>	<p>15</p> <p>9-Active Aging (HTB) 10-Active Aging (HTB) 1:30-Mahjong</p> 	<p>16</p> <p>10-T'ai Chi (HTB) 1:30-Chair Yoga (HTB)</p>	<p>17</p>  <p>National Mascot Day</p>
<p>18</p> <p><b>HAPPY</b></p>  <p><b>FATHER'S DAY!</b></p>	<p>19</p> <p>10:30-Healthy Bones (HTB) 12-Newsletter Folding 1:30- Social Bridge</p> 	<p>20</p> <p>1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p>21</p> <p>10:30-Healthy Bones (HTB) 1:30- Qigong (HTB)</p> 	<p>22</p> <p>9-Active Aging (HTB) 10-Active Aging (HTB)</p>	<p>23</p> <p>10-T'ai Chi (HTB) 1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p> <p>National Hydration Day </p>	<p>24</p>
<p>25</p>  <p>Hopewell Valley Veterans Car Show &amp; Fireworks</p>	<p>26</p> <p>10:30-Healthy Bones (HTB) 1:30- Social Bridge</p>	<p>27</p> <p>1- Artists' Choice 1-Creative Well-Being (HTB)</p>  <p>National Sunglasses Day</p>	<p>28</p> <p>10:30-Healthy Bones (HTB) 1:30-Qigong (HTB)</p>	<p>29</p> <p>9-Active Aging (HTB) 10-Active Aging (HTB)</p>	<p>30</p> <p>1:30-Chair Yoga (HTB) 2:30-Chair Yoga (HTB)</p>  <p>National Food Truck Day</p>	