

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</p> <p>For directions to any location</p>	<p>Location Guide</p> <p>HT— Hopewell Theatre MCL-MC Library, Hopewell Branch PB-Pennington Borough Hall PPC-Pennington Presbyterian Church WP - Woolsey Park WXSP-Washington Xing State Park</p>					<p>1</p> 
<p>2</p> 	<p>3</p> <p>10:30-Healthy Bones (HTB)</p> <p>1:30- Social Bridge</p> <p>2- Senior Book Group (MCL)</p>	<p>4</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p>  <p>National Vitamin C Day</p>	<p>5</p> <p>10:30-Healthy Bones (HTB)</p> <p>1- Knitting Club</p> <p>1:30-Qigong (HTB)</p> <p>Franklin Institute Trip</p>	<p>6</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjongg</p>  <p>National Walking Day</p>	<p>7</p> <p>CLOSED</p>  <p>GOOD FRIDAY</p>	<p>8</p>
<p>9</p> 	<p>10</p> <p>10:30-Healthy Bones (HTB)</p> <p>1:30- Social Bridge</p>	<p>11</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p> <p>6:30- Cookbook Club (HBL)</p>  <p>National PET Day</p>	<p>12</p> <p>10:30-Healthy Bones (HTB)</p> <p>1:30- Qigong (HTB)</p> <p>2- The Short of It (MCL)</p>	<p>13</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjongg</p>  <p>Peach Cobbler Day</p>	<p>14</p> <p>9-Spring Birthday Breakfast (HVG)C</p> <p>1:30-Chair Yoga (HTB)</p>	<p>15</p>  <p>Clean Communities Day</p>
<p>16</p>	<p>17</p> <p>10:30-Healthy Bones (HTB)</p> <p>12- Newsletter Folding</p> <p>1:30- Social Bridge</p>  <p>Bat Appreciation Day</p>	<p>18</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p> 	<p>19</p> <p>10:30-Healthy Bones (HTB)</p> <p>1:30-Qigong (HTB)</p> <p>2-Senior Advisory Board</p>	<p>20</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjongg</p>  <p>National High Five Day</p>	<p>21</p> <p>1:30-Chair Yoga (HTB)</p> <p>Clean out your Medicine Cabinet Day</p> 	<p>22</p>  <p>9-11am Hopewell Twp Electronics Recycling and Shredding Event (HTPW)</p>
<p>23/30</p>  <p>National Picnic Day (23rd)</p>	<p>24</p> <p>10:30-Healthy Bones (HTB)</p> <p>1:30- Social Bridge</p>	<p>25</p> <p>1- Artists' Choice</p> <p>1-Creative Well-Being (HTB)</p>	<p>26</p> <p>10:30-Healthy Bones (HTB)</p> <p>1:30-Qigong (HTB)</p>  <p>National Pretzel Day</p>	<p>27</p> <p>10-Active Aging (HTB)</p> <p>1:30-Mahjongg</p>	<p>28</p> <p>1:30-Chair Yoga (HTB)</p> <p>National Blueberry Pie Day</p> 	<p>29</p>