

# March 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</b></p> <p><b>For directions to any location</b></p>	<p><b>Location Guide</b></p> <p>HTB-Hopewell Town Building HTPW-Hopewell Twp. Public Works HVCBS-Hopewell Valley High School HT— Hopewell Theatre</p>	<p>MCL-MC Library, Hopewell Branch PB-Pennington Borough PPC-Pennington Presbyterian Church WP - Woolsey Park WXSP-Washington Xing State Park</p>	<p><b>1</b> 10:30-Healthy Bones (HTB) 1- It Could Be Poison (MCL) 1:30-Qigong (HTB) 2- Spring Play Preview (PAC)</p>	<p><b>2</b> 10-Active Aging (HTB) 1:30-Mahjongg</p>	<p><b>3</b> 1:30-Chair Yoga (HTB)</p>  <p><i>National Cold Cuts Day</i></p>	<p><b>4</b></p>
<p><b>5</b> <b>NATIONAL CHEESE DOODLE DAY</b> </p>	<p><b>6</b> 10:30-Healthy Bones (HTB) 1:30- Social Bridge 2- Senior Book Group (MCL)</p>	<p><b>7</b> 1- Artists' Choice <b>1-Creative Well-Being (HTB)</b> </p>	<p><b>8</b> 10:30-Healthy Bones (HTB) 1- Knitting Club <i>Sister Act Trip</i></p>	<p><b>9</b> 10-Active Aging (HTB) 12:30- Brown Bag Lunch (PPC) 1:30-Mahjongg</p>	<p><b>10</b> 1:30-Chair Yoga (HTB)</p>	<p><b>11</b>  Happy Johnny Appleseed Day!</p>
<p><b>12</b> </p>	<p><b>13</b> 10:30-Healthy Bones (HTB) 1:30- Social Bridge</p>	<p><b>14</b> 9- AARP Smart Driver (HTB) 1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p><b>15</b> 10:30-Healthy Bones (HTB) 1:30- Qigong (HTB) 2-Senior Advisory Board</p>	<p><b>16</b> 10-Active Aging (HTB) 1:30-Mahjongg  <i>National Panda Day</i></p>	<p><b>17</b> 10-T'ai Chi (HTB) 1:30-Chair Yoga (HTB)  <i>St Patrick's Day</i></p>	<p><b>18</b></p>
<p><b>19</b></p>	<p><b>20</b> 10:30-Healthy Bones (HTB) 12- Newsletter Folding 1:30- Social Bridge  <i>Spring Begins</i></p>	<p><b>21</b> 1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p><b>22</b> 10:30-Healthy Bones (HTB) 1:30-Qigong (HTB)</p>	<p><b>23</b> 10-Active Aging (HTB) <i>Italian Feast of St. Joseph Trip</i>  <i>National Puppy Day</i></p>	<p><b>24</b> 10-T'ai Chi (HTB)</p>	<p><b>25</b>  <i>National Medal of Honor Day</i></p>
<p><b>26</b>  <b>HAPPY SPINACH DAY!</b></p>	<p><b>27</b> 10:30-Healthy Bones (HTB) 1:30- Social Bridge</p>	<p><b>28</b> 1- Artists' Choice 1-Creative Well-Being (HTB)</p>	<p><b>29</b> 10:30-Healthy Bones (HTB) 1:30-Qigong (HTB)  <i>Manatee Appreciation Day</i></p>	<p><b>30</b> 10-Active Aging (HTB) 1:30-Mahjongg</p>	<p><b>31</b> *Spring Birthday Breakfast RSVP Due* 10-T'ai Chi (HTB) 1:30-Chair Yoga (HTB)  <i>National Crayon Day</i></p>	<p></p>