



















February 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold. For directions to any loca-	Location Guide HTB-Hopewell Town. Building HTPW-Hopewell Twp. Public Works HVCBS-Hopewell Valley High School HTS— Hopewell Train Station MCL-MC Library, Hopewell Branch	PB-Pennington Borough PPC-Pennington Presbyterian Church WP - Woolsey Park WXSP-Washington Xing State Park	1 10:30-Healthy Bones (HTB) 1- Knitting Club 1:30-Qigong (HTB) <i>Property Taxes DUE</i> 	2 10-Active Aging (HTB) 1:30-Mahjongg 	3 1:30-Chair Yoga (HTB)	4 NATIONAL EAT ICE CREAM FOR BREAKFAST DAY 
5	6 10:30-Healthy Bones (HTB) 1:30- Social Bridge 2- Senior Book Group (MCL)	7 1- Artists' Choice 1-Creative Well-Being (HTB) <i>Send a card to a Friend Day</i> 	8 10:30-Healthy Bones (HTB) 1:30-Qigong (HTB)	9 10-Active Aging (HTB) 1:30- <i>National Pizza Day</i> 	10 1:30-Chair Yoga (HTB)	11 National MAKE A FRIEND DAY February 11 
12  <i>Super Bowl LVII</i> <i>Lincoln's Birthday</i>	13 <i>Closed</i>  (Observed)	14 1- Artists' Choice 1-Creative Well-Being (HTB) <i>Valentine's Day</i> 	15 10:30-Healthy Bones (HTB) 1:30- Qigong (HTB) 1:30-Social Bridge	16 10-Active Aging (HTB) 1:30-Mahjongg	17 12:30- Brown Bag Lunch (PPC) 1:30-Chair Yoga (HTB) <i>National Caregivers Day</i> 	18
19	20 <i>Closed</i> 	21 12- Newsletter Folding 1- Artists' Choice 1-Creative Well-Being (HTB) 	22 10:30-Healthy Bones (HTB) 1:30-Qigong (HTB) 1:30- Social Bridge <i>Ash Wednesday</i> 	23 10-Active Aging (HTB) 1:30-Mahjongg <i>National Chili Day</i> 	24 1:30-Chair Yoga (HTB)	25  <i>National Clam Chowder Day</i>
26  <i>National Pistachio Day</i>	27 10:30-Healthy Bones (HTB) 1:30- Social Bridge	28 1- Artists' Choice 1-Creative Well-Being (HTB)				