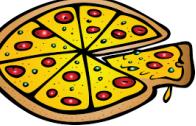


# February 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>All programs are at the Hopewell Valley Senior Center, 395 Reading St., Pennington unless marked in bold.</b></p> <p><b>For directions to any location</b></p>	<p><b>Location Guide</b></p> <p>HTB-Hopewell Town. Building HTPW-Hopewell Twp. Public Works HVCHS-Hopewell Valley High School HTS— Hopewell Train Station MCL-MC Library, Hopewell Branch</p>	<p>PB-Pennington Borough PPC-Pennington Presbyterian Church WP - Woolsey Park WXSP-Washington Xing State Park</p>	<p><b>1</b> 10:30-Healthy Bones (HTB) 1- Knitting Club <b>1:30-Qigong (HTB)</b> Property Taxes DUE </p>	<p><b>2</b> 10-Active Aging (HTB) 1:30-Mahjongg </p>	<p><b>3</b> 1:30-Chair Yoga (HTB)</p>	<p><b>4</b> NATIONAL EAT ICE CREAM FOR BREAKFAST DAY </p>
5	<p><b>6</b> 10:30-Healthy Bones (HTB) 1:30- Social Bridge <b>2- Senior Book Group (MCL)</b></p>	<p><b>7</b> 1- Artists' Choice <b>1-Creative Well-Being (HTB)</b> Send a card to a Friend Day </p>	<p><b>8</b> 10:30-Healthy Bones (HTB) 1:30-Qigong (HTB)</p>	<p><b>9</b> 10-Active Aging (HTB) 1:30- National Pizza Day </p>	<p><b>10</b> 1:30-Chair Yoga (HTB)</p>	<p><b>11</b> National MAKE A FRIEND DAY February 11 </p>
12  Super Bowl LVII	<p><b>13</b> <i>Closed</i>  (Observed)</p>	<p><b>14</b> 1- Artists' Choice 1-Creative Well-Being (HTB) Valentine's Day </p>	<p><b>15</b> 10:30-Healthy Bones (HTB) 1:30- Qigong (HTB) 1:30-Social Bridge</p>	<p><b>16</b> 10-Active Aging (HTB) 1:30-Mahjongg</p>	<p><b>17</b> 12:30- Brown Bag Lunch (PPC) 1:30-Chair Yoga (HTB) National Caregivers Day </p>	<p><b>18</b></p>
19	<p><b>20</b> <i>Closed</i> </p>	<p><b>21</b> 12- Newsletter Folding 1- Artists' Choice <b>1-Creative Well-Being (HTB)</b> </p>	<p><b>22</b> 10:30-Healthy Bones (HTB) <b>1:30-Qigong (HTB)</b> 1:30- Social Bridge </p>	<p><b>23</b> 10-Active Aging (HTB) 1:30-Mahjongg Ash Wednesday </p>	<p><b>24</b> 1:30-Chair Yoga (HTB)</p>	<p><b>25</b> National Clam Chowder Day </p>
26 	<p><b>27</b> 10:30-Healthy Bones (HTB) 1:30- Social Bridge</p>	<p><b>28</b> 1- Artists' Choice 1-Creative Well-Being (HTB)</p>				

*National Pistachio Day*