February 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:30- Bingo **10:45-Healthy Bones (HTB)** 11:45-Lunch: Minestrone Soup and Ruben Sandwich	2 11:45-Lunch: Pizza 1:30-Mahjongg	3 11:45-Lunch: Lemon Pepper Fish w/ Tartar Sauce **12:30- Brown Bag Lunch (PPC)** **1:30-Movie: Cinema Paradiso (MCL)**	4
5	6 **10:30-Healthy Bones (SMC)** **10:45-Healthy Bones (HTB)** 11:45-Lunch: Super Bowl Luncheon 2:30-Social Bridge	7 10-Blood Pressure **11-Leisure Club (SAC)** 11:45-Lunch: BBQ Chicken Leg Quarter 1:00-Artists' Choice	8 **10:45-Healthy Bones (HTB)** 11:45-Lunch: Birthday Month Celebration Meal: Two Hot Dogs	9 11:45-Lunch: Beef & Broccoli Teriyaki Sauce 1:30-Mahjongg	10 11:45-Lunch: Valentine's Day Lunch: Stuffed Shells w/ Tomato Sauce	11
12	13 **CLOSED:** **Lincoln's Birthday**	14 11:45-Lunch: Sweetish Meatballs 1:00-Artists' Choice **3-Tech Time (MCL)**	15 10– Hearing Aids **10:45-Healthy Bones (HTB)** 11:45-Lunch: Stuffed Cabbage 2– Senior Advisory Board	16 11:45-Lunch: Breaded Chicken Patty 1:30-Mahjongg	17 11:45-Lunch: Tuna Salad	18
19	20 **CLOSED:** **President's Day**	21 **10-Blood Pressure (HTB)** 10– African American History in Hopewell Valley 11:45-Lunch: Low Salt Ham w/ Pineapple Sauce 1– NEWSLETTER FOLDING 3-Aging-In-Place Group	22 **10:45-Healthy Bones (HTB)** 11:45-Lunch: Eggplant Rollatini w/ Tomato Sauce 1– AARP Tax Aide **1:30 and 6:30– Movie:** **Our Kind of Traitor (MCL)**	23 11:45-Lunch: Multi-Cultural Meal: Kielbasa w/ Sauerkraut & Mustard 1:30-Mahjongg	24 11:45-Lunch: Crab Cake w/ Tartar Sauce	25
26	27 **10:30-Healthy Bones (SMC)** **10:45-Healthy Bones (HTB)** **11– Mondays with Mia** 11:45-Lunch: Pot Roast w/ Brown Gravy 2:30-Social Bridge	28 11:45-Lunch: Chicken Pot Pie 1:00-Artists' Choice	**All programs are at the Hopewell Valley Senior Center, 395 Reading St. in Pennington unless marked in bold. For directions to any location, call 737-0605, ext. 636.**	**Location Guide** CHS-PAC: Central High School, Performing Arts Center CHH-Capital Health-Hopewell HG-Hopewell Gardens HTB-Hopewell Town. Building	HBH-Hopewell Borough Hall MCL-MC Library, Hopewell Branch PPC-PENNINGTON Presbyterian Church PPL-Pennington Public Library SAC-St. Alphonsus Church SMC-St. Matthews Church	