

Mercer County Conversation of Your Life Task Force

April 16th, 2:00 - 3:30 PM

Trenton Free Public Library
120 Academy Street, Trenton

CONVERSATION OF YOUR LIFE

Celebrate National Healthcare Decisions Day

It is time to have the Conversation of Your Life to let your family, friends and providers understand your wishes through advance care planning. Join Mercer County COYL for a community discussion on the pertinent information you may need to communicate your end-of-life care wishes ahead of time, saving your loved ones from having to make emotionally taxing decisions on your behalf when the time comes.

In this public event, guest speakers will discuss crucial end-of-life care concepts and documents. We will also hear from local leaders:

- ❖ **Dr. Shereef Elnahal, New Jersey Commissioner of Health**
- ❖ **Mary Ann Christopher, Vice President, Community Health, Horizon Blue Cross Blue Shield of NJ**
- ❖ **Mayor Reed Gusciora, City of Trenton**
- ❖ **Shakira Abdul Ali, Director, Trenton Department of Health and Human Services**
- ❖ **Patricia Hall, Operational Manager, Trenton Free Public Library,**

who will share why advance care planning is important to them and/or publicly sign their own advance directives. They are some of the many community leaders across New Jersey joining COYL events to promote the importance of discussing and documenting your advance care plans early.

EVENT IS FREE AND OPEN TO ALL!

Registration preferred by April 9th, call (609) 392-7188, ext. 16.

Refreshments will be served. Invite your friends and neighbors!

Please allow time for parking.

Have you
had the
CONVERSATION?

Join Mercer County
Conversation of Your Life
for a community
discussion on advance
care planning.

Speakers Include:

Dr. Carolyn Gaukler
Director of Palliative
Care, Capital Health

Victor Medina
Eldercare Attorney,
Medina Law Group

COYL
CONVERSATION OF YOUR LIFE

The New Jersey Health Care Quality Institute runs a program through their Mayors Wellness Campaign called Conversation of Your Life (COYL) in 13 New Jersey Counties. The goal of COYL is to encourage more individuals to engage in fruitful conversations – *the Conversation of Your Life* – to let individuals' friends, family, and health care providers understand and respect their end-of-life wishes through advance care planning. COYL is generously supported by The Horizon Foundation for New Jersey.

